

Newsletter April 2018

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update

Total recruitment is currently 389.

33 patients were randomised in March and April has started well with 4 already. It would be great if we could exceed last month's total.

Please continue to screen and approach potential participants.



Recruitment Tip of The Month: Talking about adjuvant treatment

When discussing adjuvant treatment, start off with the 'certainties' – the treatments that we KNOW will benefit the patient: hormone therapy (and radiotherapy).

Explain that there is less certainty about which patients should receive chemotherapy, because not all tumours are 'chemotherapy sensitive'.

Let the patient know that till recently, there hasn't been a test to determine which tumours are likely to respond to chemotherapy, and which are not. Explain that the OPTIMA study is about using a biological test – Prosigna – to try to target chemotherapy use.



Baseline Details CRF Section 4 - Medication

We have received a number of Baseline Details CRF's where instead of entering a value into the medication table cells (for example, once daily, TDS) "as above" quote marks have been used. All those we have received so far will be amended as self-evident corrections, but please can we ask you not to do this moving forward. All lines should be completed in full, those that are not will be returned as queries. Many thanks.



OPTIMA on the move! Regional Investigator Meetings

We are currently arranging a series of meetings around the country aimed at OPTIMA investigators, research nurses, surgeons and other MDT members.

The first meeting is taking place in Glasgow on April 26th, further meetings are planned for the East of England, North Wales, South Wales and the Midlands. You will be given plenty of notice that we are coming to your area, please keep an eye on your inbox.



Audio-Recorders Available

Would you like some personalised feedback on your approach to patient recruitment? Get in touch with the OPTIMA qualitative researcher, Carmel Conefrey, for a chat about audio-recording your recruitment appointments.

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Number of patients randomised per site

Information correct as of 04/04/18

| | | | |
|---|----|--|---|
| University Hospital Coventry | 26 | Torbay Hospital | 4 |
| Blackpool Victoria Hospital | 20 | University Hospital of North Tees | 4 |
| Mount Vernon Cancer Centre | 20 | Bedford Hospital | 3 |
| Bristol Haematology and Oncology Centre | 18 | Darent Valley Hospital | 3 |
| University Hospitals of North Midlands | 18 | Darlington Memorial Hospital | 3 |
| Peterborough City Hospital | 15 | Forth Valley Hospital | 3 |
| Addenbrooke's Hospital | 14 | North Middlesex Hospital | 3 |
| NHS Lanarkshire | 10 | Pennine Acute Hospitals | 3 |
| The Christie | 10 | Queen Elizabeth Hospital, Birmingham | 3 |
| Royal Alexandra and Inverclyde Hospitals | 10 | Queens Hospital, Burton upon Trent | 3 |
| Wrexham Maelor Hospital, Wrexham | 10 | Royal Albert Edward Infirmary, Wigan | 3 |
| Luton and Dunstable University Hospital | 9 | University College London Hospital | 3 |
| Salisbury District Hospital | 9 | York Hospital | 3 |
| Russells Hall Hospital, Dudley | 8 | Birmingham City Hospital | 2 |
| Velindre Cancer Centre | 8 | Chase Farm Hospital | 2 |
| Queen Elizabeth Hospital, Gateshead | 7 | Chesterfield Royal Hospital | 2 |
| Royal Devon and Exeter Hospital | 7 | Dumfries and Galloway Royal Infirmary | 2 |
| Royal Free Hospital | 7 | George Eliot Hospital | 2 |
| University Hospitals of Morecambe Bay | 7 | Medway Maritime Hospital | 2 |
| Beatson West of Scotland Cancer Centre | 6 | Nottingham University Hospital | 2 |
| Barnet Hospital | 6 | Prince Charles Hospital | 2 |
| Glan Clwyd Hospital, Bodelwyddan | 6 | Royal Cornwall Hospital | 2 |
| Royal Shrewsbury Hospital | 6 | Royal Glamorgan Hospital | 2 |
| Stepping Hill Hospital | 6 | Sunderland Royal Hospital | 2 |
| Derriford Hospital, Plymouth | 5 | Western General Hospital, Edinburgh | 2 |
| Lister Hospital | 5 | Ysbyty Gwynedd, Bangor | 2 |
| Macclesfield District Hospital | 5 | Airedale General Hospital | 1 |
| New Cross Hospital, Wolverhampton | 5 | Basingstoke and North Hampshire Hospital | 1 |
| Northumbria Healthcare NHS Foundation Trust | 5 | Belfast City Hospital | 1 |
| St Margaret's Hospital, Epping | 5 | East Sussex Healthcare NHS Trust | 1 |
| Whittington Hospital | 5 | Musgrove Park Hospital | 1 |
| East Kent Hospitals NHS Foundation Trust | 4 | Royal Hampshire County Hospital | 1 |
| Milton Keynes University Hospital | 4 | Royal United Hospital, Bath | 1 |
| Norfolk & Norwich University Hospital | 4 | Southampton General Hospital | 1 |
| Royal Gwent Hospital | 4 | St Mary's Hospital, Isle of Wight | 1 |

Contact us



If you have any questions please don't hesitate to contact us, the OPTIMA team are very willing to help.



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