

# CLINICAL OUTCOMES IN THE OPTIMA PRELIM (OPTIMAL PERSONALISED TREATMENT OF EARLY BREAST CANCER USING MULTI-PARAMETER ANALYSIS) STUDY

OPTIMA is registered as ISRCTN42400492 and approved by the UK NHS HRA London Surrey Research Ethics Committee.

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MEDICAL ONCOLOGY

# DECLARATION OF INTERESTS

## Rob Stein

### Financial Interests:

- GSK: Stocks/Shares: Personal; Value <5000 GBP
- Veracyte Inc: Research Grant (Institutional); Supplementary support for the OPTIMA trial

### Other

- Veracyte Inc: Other; Sponsorship for international meeting attendance

# BACKGROUND

Tumour multiparameter gene expression assays (MPAs) are widely used to guide chemotherapy decisions – “test-directed chemotherapy”

OPTIMA is an ongoing RCT designed to validate MPA use in high clinical-risk ER+ve HER2-ve EBC

OPTIMA prelim is the feasibility part of the OPTIMA trial

- Patients were recruited from October 2012 – August 2014
- We have previously reported the feasibility outcomes\*
- OPTIMA prelim demonstrated frequent disagreement between different MPA tumour assessments<sup>†</sup>

We report the clinical outcome data from OPTIMA prelim for the first time

\*Stein 2016 Health Technol Assess 20(10),  
Hall 2017 Value Health 20:1311

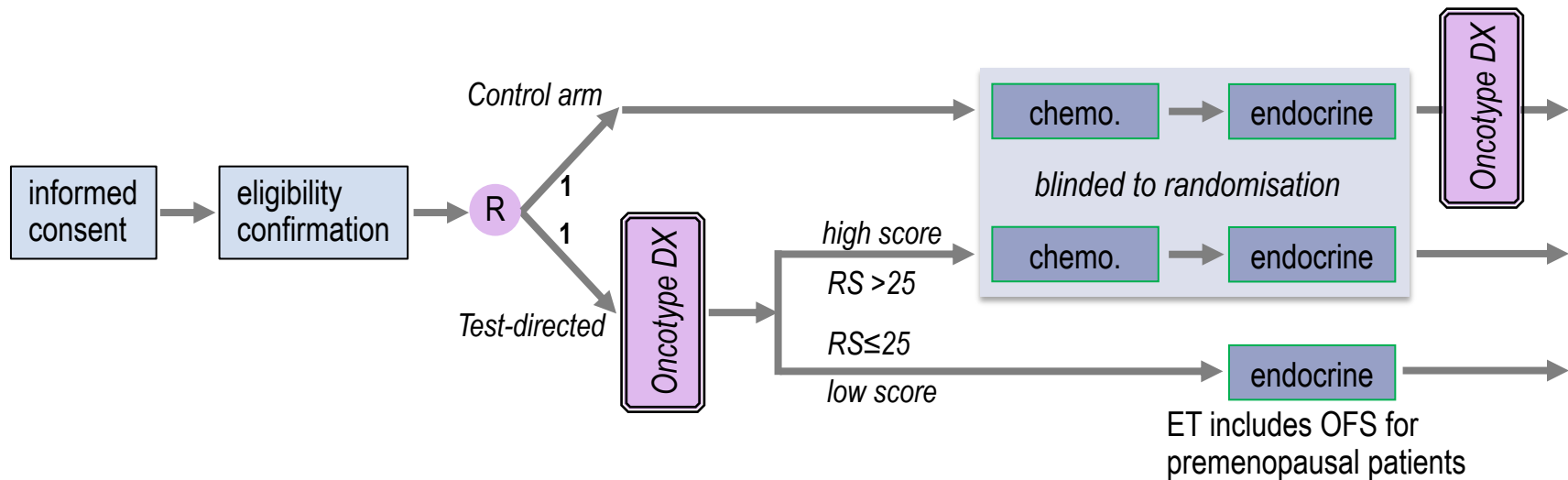
<sup>†</sup>Bartlett 2016 J Natl Cancer Inst 108(9):djw050

# OPTIMA PRELIM DESIGN

## Main eligibility criteria

- Women age  $\geq 40$  with excised breast cancer
- ER-pos & HER2-neg

- Nodes:  $\triangleright 1-9N+$ ,  
 $\triangleright N0$  &  $pT \geq 30mm$
- Neoadjuvant treatment prohibited

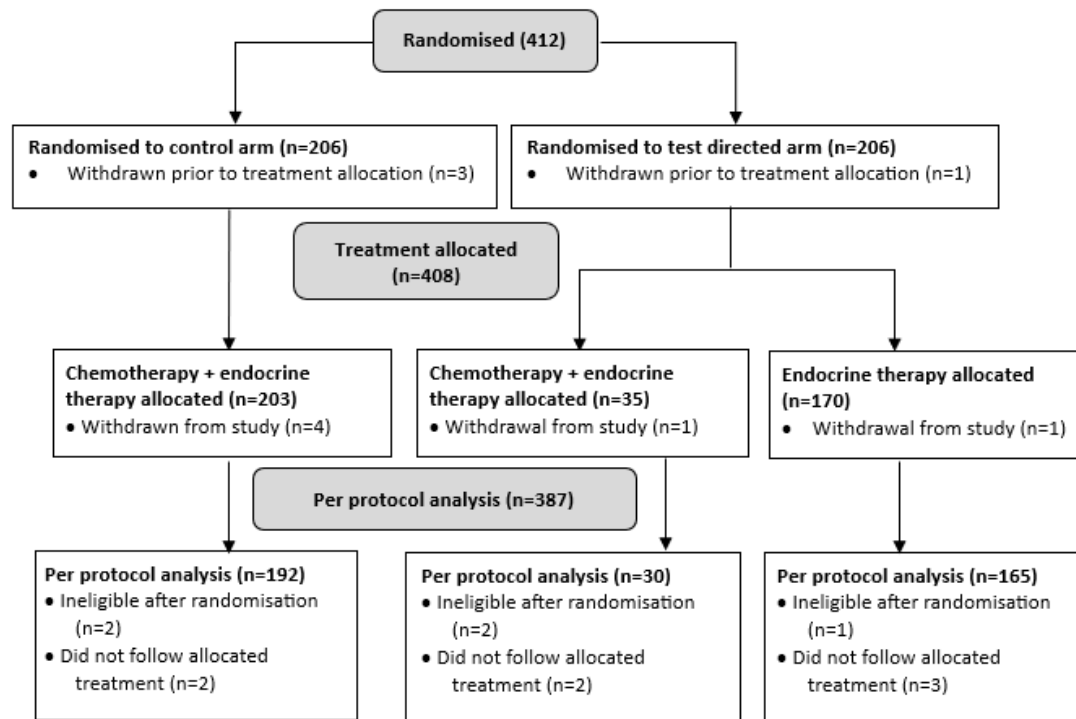


# CONSORT DIAGRAM

Patients were randomised  
October 2012 – August 2014

Analysis of comparative MPA  
performance (RFI) in ITT  
population with complete test  
data (n=383)

Analysis of clinical outcomes  
(IBCFS) in per protocol (PP)  
population (n=387)



IBCFS = Invasive breast cancer free survival; RFI = Recurrence free interval

# PATIENT & TUMOUR CHARACTERISTICS (PP POPULATION)

Characteristic	Control arm	Test directed arm	Total
number PP	192	195	387
age (range)	58 (40-78)	57 (40-78)	58 (40-78)
premenopausal	60 (31%)	64 (33%)	124 (32%)
postmenopausal	132 (69%)	131 (67%)	263 (68%)
grade 1-2	139 (72%)	148 (76%)	287 (74%)
grade 3	53 (28%)	47 (24%)	100 (26%)
median tumour size (range) mm	27 (2-150)	26 (7-170)	26 (2-170)
<u>nodes</u> : 0 / micromets	36 (19%)	36 (18%)	72 (18%)
1-3	132 (69%)	134 (69%)	266 (69%)
4-9	24 (12%)	25 (13%)	49 (13%)
RS >25	34 (18%)*	30 (15%)	64 (17%)
RS ≤25	157 (82%)	165 (85%)	322 (83%)

\* Oncotype DX assay failed for 1 patient

# EVENTS

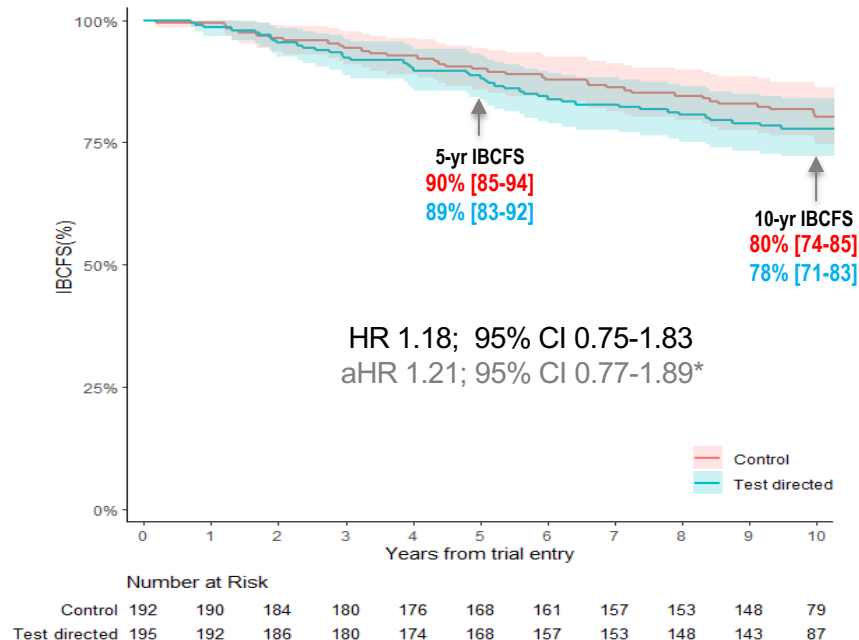
Median follow-up 10.0 years (IQR 9.9-10.1 years)

Outcome	Control arm	Test directed arm	Total
Number at risk	192	195	387
Breast cancer recurrence (all)	23 (12%)	29 (15%)	52 (13%)
loco-regional only*	2 (1%)	11 (6%)	13 (3%)
distant recurrence (± loco-regional)	21 (11%)	18 (9%)	39 (10%)
Non-breast malignancy	9 (5%)	12 (6%)	21 (5%)
Death (all)	30 (16%)	30 (15%)	60 (16%)
breast cancer	18 (9%)	16 (8%)	34 (9%)
other cancer	8 (4%)	5 (3%)	13 (3%)
non-cancer	4 (2%)	9 (4%)	13 (3%)
IBCFS events	36 (19%)	42 (22%)	78 (20%)
RFI events	24 (13%)	29 (15%)	53 (14%)

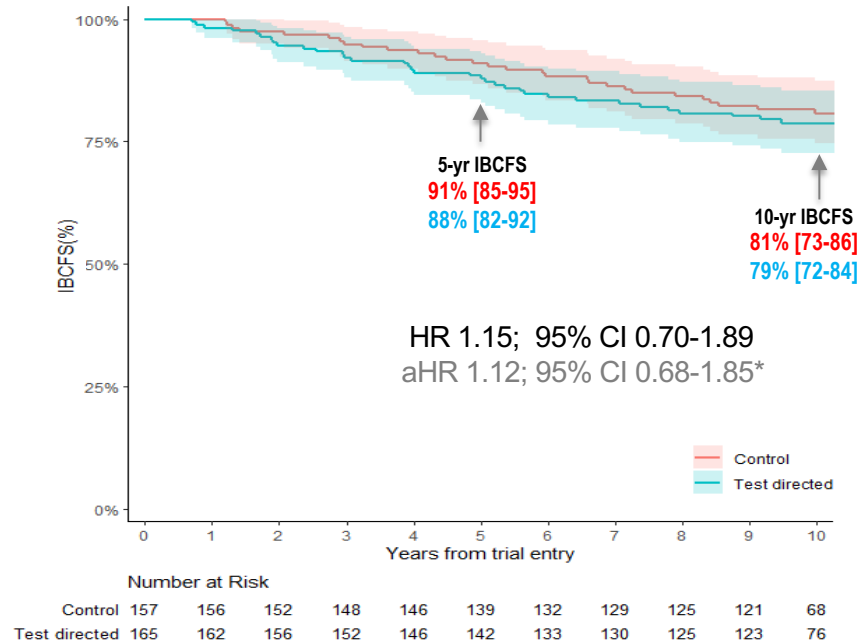
\* includes contralateral new 1° breast cancer

# INVASIVE BREAST CANCER FREE SURVIVAL (IBCFS)

## IBCFS - Complete PP population



## IBCFS - Oncotype DX RS ≤25 PP population



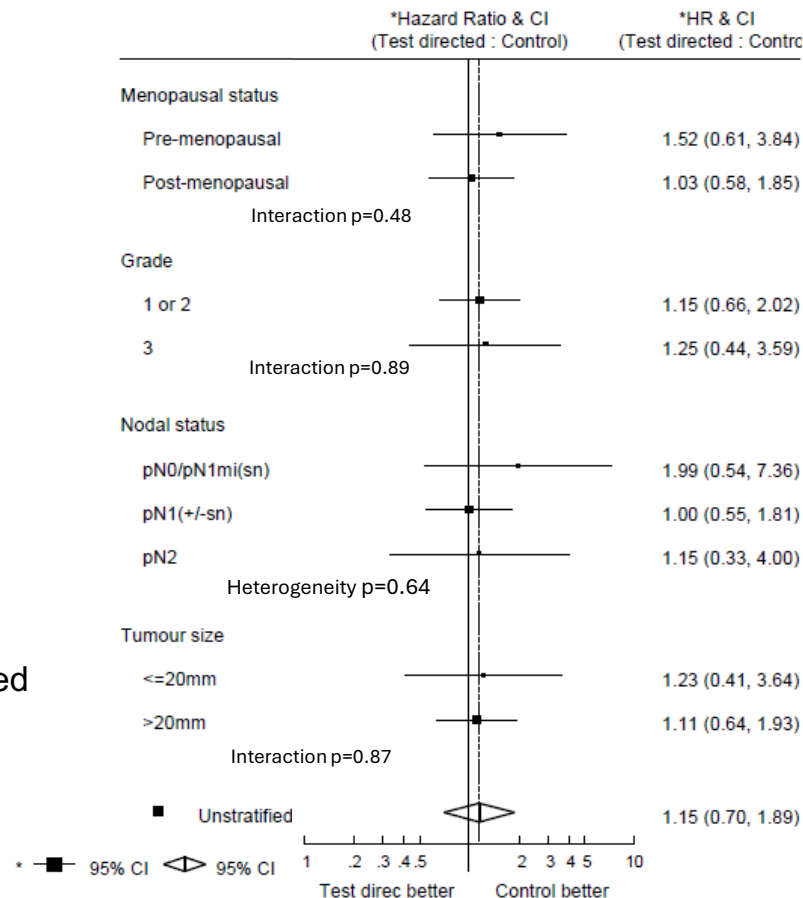
\*HR adjustment factors (aHR): menopausal status, age, nodal status, tumour size, tumour grade reported lymphovascular invasion and intended chemotherapy



# SUBGROUPS

Oncotype DX RS  $\leq 25$  PP population

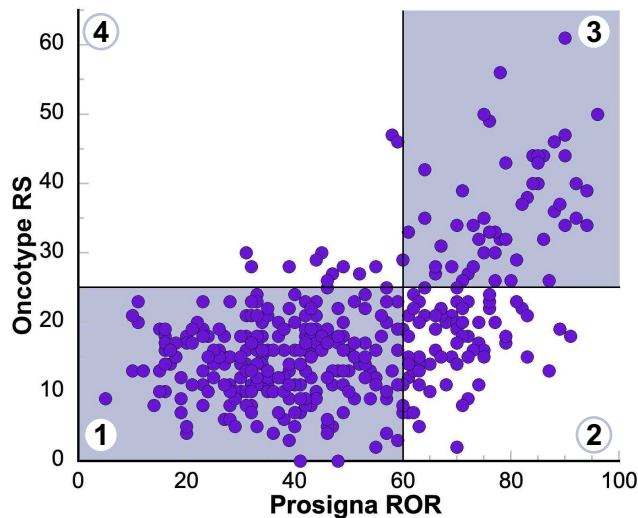
No significant heterogeneity in effect were detected across subgroups



# COMPARISON OF ONCOTYPE & PROSIGNA PERFORMANCE

383 patients with both Oncotype DX & Prosigna results in the ITT population analysed

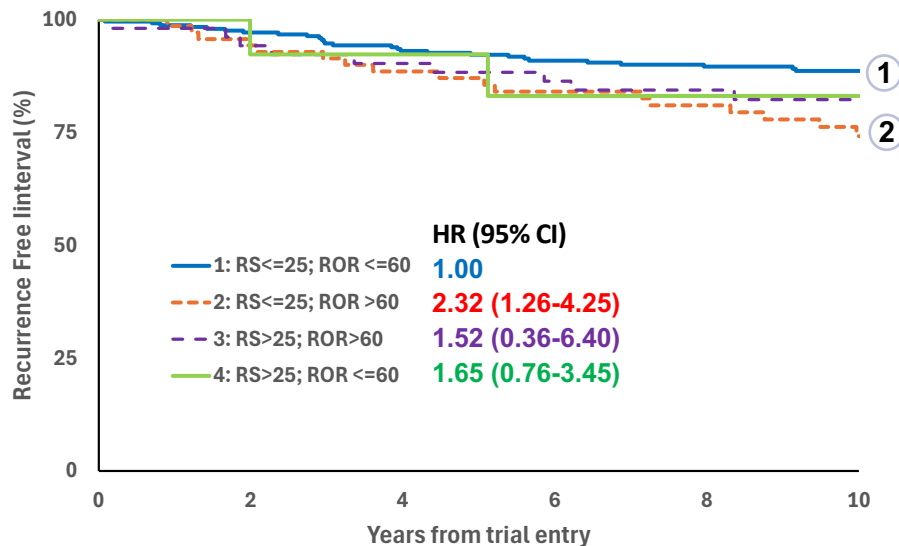
- All patients with RS>25 treated with chemo + ET
- 50% with RS ≤25 treated with ET only



Characteristic	1 RS ≤25 & ROR ≤60	2 RS ≤25 & ROR >60	3 RS >25 & ROR >60	4 RS >25 & ROR ≤60
number	247	71	52	13
premenopausal	91 (37%)	15 (21%)	10 (19%)	2 (15%)
postmenopausal	156 (63%)	56 (79%)	42 (81%)	11 (85%)
grade 1-2	222 (90%)	44 (62%)	12 (23%)	7 (54%)
grade 3	25 (10%)	27 (38%)	40 (77%)	6 (46%)
tumour size (mm) median (range)	25 (2-170)	27 (12-80)	29 (8-95)	24 (10-50)
Nodes: 0/ micro.	51 (21%)	12 (17%)	8 (15%)	1 (8%)
1-3	168 (68%)	49 (69%)	36 (69%)	10 (77%)
4-9	28 (11%)	10 (14%)	8 (15%)	2 (15%)

# PROGNOSTIC ACCURACY OF THE TESTS

10-year RFI prediction by Oncotype DX and Prosigna subgroups



% Event Free

Oncotype DX	Prosigna - ROR		Subtotal
	≤60 (n=260)	>60 (n=123)	
RS>25 (n=65)	83% (47-96) n=13 ④	82% (69-90) n=52 ③	83% (71-90)
RS≤25 (n=318)	89% (84-92) n=247 ①	74% (62-83) n=71 ②	85% (81-89)
Subtotal	88% (84-92)	78% (69-84)	n=383

Group 2 vs Group 1 RFI Event Risk

**HR 2.32 [1.26-4.25], p=0.0067**

**aHR 1.97 [1.01-1.97]**

HR adjustment factors (aHR): menopausal status, nodes, grade, intended chemotherapy, tumour size

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# CONCLUSIONS

1. There was no difference in outcome between trial arms after 10 years follow-up
  - This result is exploratory as OPTIMA prelim was not powered to demonstrate non-inferiority - it neither supports nor refutes other trial results
2. We did not identify any safety issue from test directed treatment use in a small sample (n = 124) of premenopausal women treated with optimal endocrine therapy
3. The Prosigna test identified a group of patients (22%) who had adverse outcomes despite low Oncotype DX recurrence score tumours
  - This is consistent with findings from larger datasets using research versions of the tests\*

*The OPTIMA main trial result is expected in mid 2026 and will include a non-inferiority analysis of test-directed chemotherapy and more information about its safety for premenopausal women*

\* Bartlett 2021 NPJ Breast Cancer 7(1):90; Van Alsten 2024 JCO Precis Oncol 8e2400137; Paul 2025 Nat Commun 16(1):226

# ACKNOWLEDGEMENTS

- The group of pioneering women who participated in this study
- Staff who worked hard to deliver the trial at 35 recruiting sites
- The NIHR HTA\* (our funder) and our many supporters, including patient groups, who believed in the trial
- The OPTIMA team

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