

# Happy New Year

## Recruitment update:

In December, **40 new participants** were recruited into OPTIMA.

**Total recruitment to date: 4103**

## Recruitment countdown:

0 7 9 8

## OPTIMA INTERNATIONAL

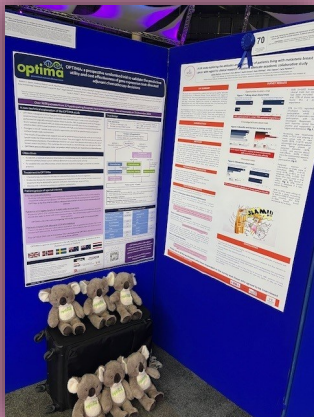
We are delighted to confirm that over 20 hospitals are now open to OPTIMA in Australia and New Zealand.

Our first Australian participants have now also been recruited.

An amazing achievement from all involved.

## UK Interdisciplinary Breast Cancer Symposium, 22-23 January 2024

The OPTIMA team had a poster at the recent UKIBCS meeting in Birmingham ...



OPTIMA CI, Prof. Rob Stein presented OPTIMA at the Trials in Progress session, and Georgi proudly distributed koalas...!

It was great catching up with colleagues and seeing what other research has been going on in Breast Cancer.



Keep your eye out for an invite to our next OPTIMA specific investigator meeting, which we are planning for Spring 2024.

## Top 10 Recruiters of 2023

A massive **THANK YOU** to all of our recruiting Sites for another impressive year of recruitment.

In 2023, a total of 528 participants across the UK, Norway and Sweden.

Oslo University Hospital, Norway	32
Blackpool Victoria Hospital	30
Velindre Cancer Centre	24
The Christie NHS Foundation Trust	23
Sahlgrenska University Hospital, Sweden	20
Guys Hospital	19
Ostfold Hospital, Norway	19
New Victoria Hospital	14
Weston Park Hospital	13
Frimley Park Hospital	12

## Lunch with OPTIMA - ESMO Update

Many thanks to those that attended our recent Lunch with OPTIMA session. 1 CPD point will be awarded on completion of the feedback form below:

[Lunch with OPTIMA Feedback Form](#)

# Newsletter January 2024

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



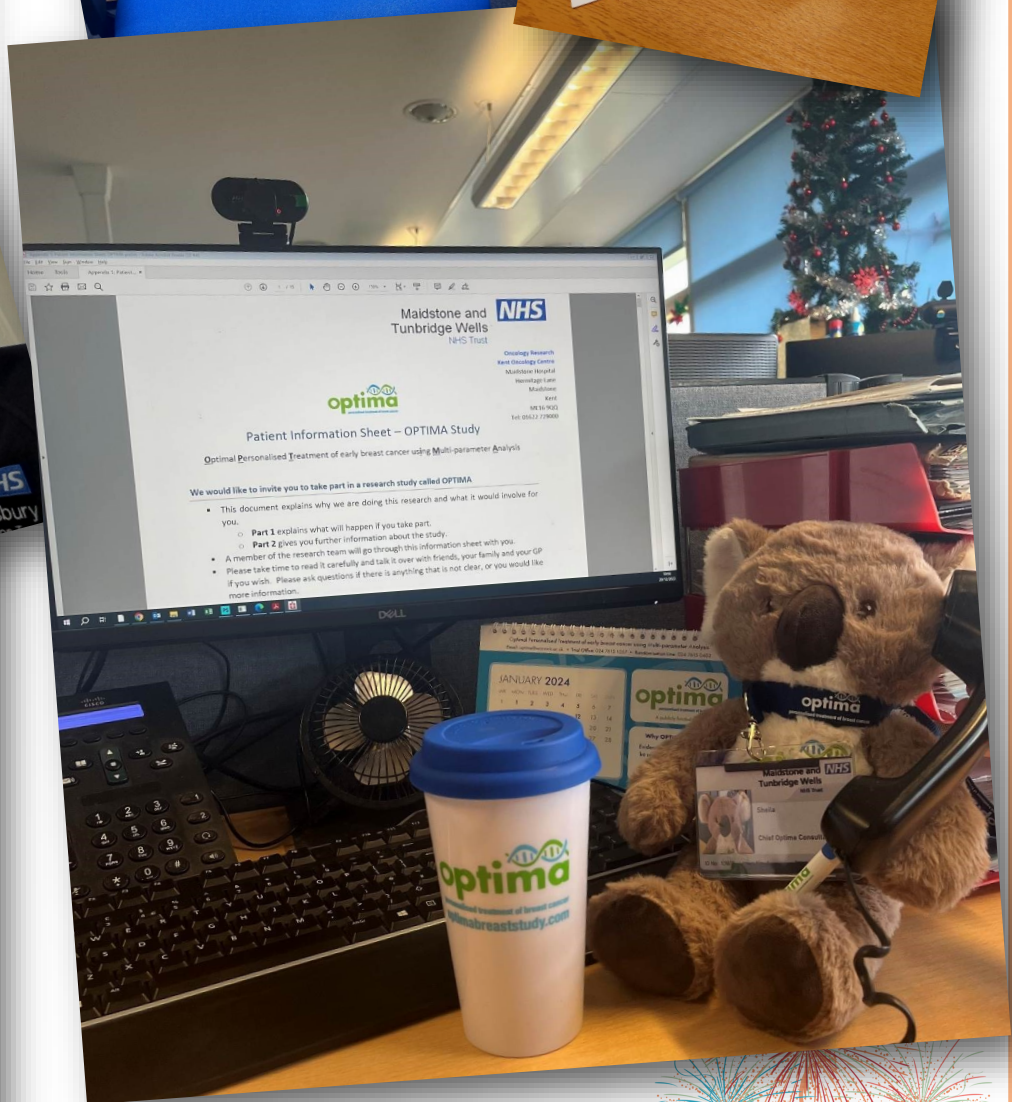
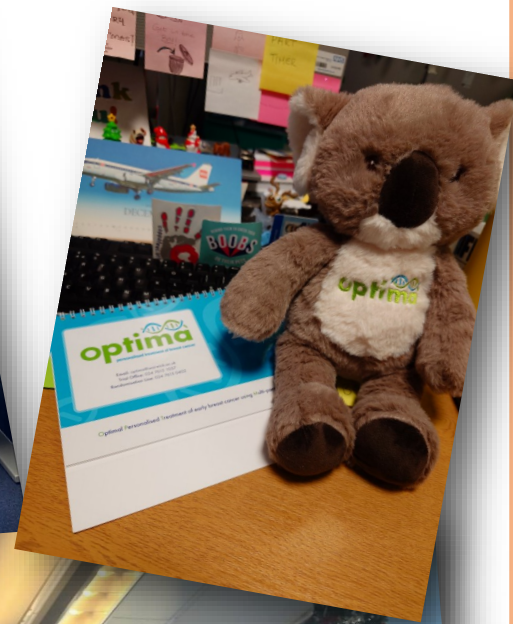
The #OPTIMAKoala was developed to celebrate the OPTIMA expansion into Australia and New Zealand. We recently had our first Australian participant randomised!



If you would like a koala please email us: [optima@warwick.ac.uk](mailto:optima@warwick.ac.uk)



Thank you to those who have emailed us pictures of their cuddly new colleagues! Keep them coming!



# Recruitment per recruiting Site

(as of 31 January 2024)

Oslo University Hospital, Norway	140	Musgrove Park Hospital	31	Basingstoke and North Hampshire Hospital	14
Blackpool Victoria Hospital	128	Churchill Hospital	31	Southend University Hospital	14
Velindre Cancer Centre	126	Royal Shrewsbury Hospital	30	Nordland Hospital, Norway	14
The Christie NHS Foundation Trust	98	Royal Free Hospital	29	St Mary's Hospital	13
University Hospitals of North Midlands NHS Trust	85	Southampton General Hospital	29	Hinchingbrooke Hospital	13
Bristol Haematology and Oncology Centre	85	Leighton Hospital	29	Airedale General Hospital	13
Mount Vernon Cancer Centre	82	The Great Western Hospital	29	Royal Surrey County Hospital	11
Royal Albert Edward Infirmary	81	Barnet Hospital	28	University Hospital of North Tees	10
Beatson West of Scotland Cancer Centre	79	Queen Elizabeth Hospital, Gateshead	28	Prince Charles Hospital	10
Addenbrooke's Hospital	73	The Queen Elizabeth Hospital, King's Lynn	27	Telemark Hospital, Norway	10
Ostfold Hospital, Norway	72	Clatterbridge Cancer Centre	26	Northumbria Healthcare NHS Foundation Trust	9
Weston Park Hospital	71	Charing Cross Hospital	26	University Hospital Ayr	9
University Hospital Coventry	65	York Hospital	25	Worthing Hospital	9
East Surrey Hospital	58	Milton Keynes University Hospital	25	Royal Sussex County Hospital	9
University Hospitals of Morecambe Bay	54	Bradford Royal Infirmary	23	King's Mill Hospital	8
Royal Alexandra and Inverclyde Royal Hospital	78	Queens Hospital, Burton upon Trent	22	Tameside General Hospital	8
Macclesfield District Hospital	53	Chase Farm Hospital	21	Sunderland Royal Hospital	7
Wrexham Maelor Hospital	51	Darent Valley Hospital	21	Manchester University NHS Foundation Trust	7
Peterborough City Hospital	51	Singleton Hospital	20	Stoke Mandeville Hospital	7
East Kent Hospitals NHS Foundation Trust	51	Norfolk & Norwich University Hospital	20	Dumfries and Galloway Royal Infirmary	6
Royal Devon and Exeter Hospital	50	University College London Hospital	20	Doncaster Royal infirmary	6
Guys Hospital	50	University Hospital Crosshouse	20	Ulster Hospital	5
Sorlandet Hospital, Norway	49	St George's Hospital	20	Northern Lincolnshire and Goole NHS Foundation Trust	5
Glan Clwyd Hospital	48	Lister Hospital	19	Wycombe Hospital	5
Sahlgrenska University Hospital, Sweden (Coordinated by Norway)	48	The Whittington Hospital	19	Princess of Wales Hospital	5
Luton and Dunstable University Hospital	47	George Eliot Hospital	19	Nottingham University Hospital	4
Derriford Hospital	47	Darlington Memorial Hospital	19	East Sussex Healthcare NHS Trust	4
Maidstone Hospital	47	University Hospital of North Norway, Norway	19	Kidderminster Hospital	4
St Margaret's Hospital	46	Stavanger Hospital, Norway	18	Alexandra Hospital	4
Russells Hall Hospital	45	The Royal Glamorgan Hospital	17	Ysbyty Gwynedd	3
Salisbury District Hospital	45	Aberdeen Royal Infirmary	17	Chesterfield Royal Hospital	3
Belfast City Hospital	45	Worcestershire Royal Hospital	16	Queen's Hospital, Romford	3
New Cross Hospital	44	Royal Derby Hospital	16	Haukeland University Hospital, Norway	3
New Victoria Hospital	44	Royal Cornwall Hospital	15	St Olavs Hospital, Norway	3
Torbay Hospital	43	Royal Hampshire County Hospital	15	Hereford County Hospital	3
Forth Valley Hospital	43	Western General Hospital	15	Birmingham City Hospital	2
Frimley Park Hospital	41	Royal Gwent Hospital	15	Broomfield Hospital	2
NHS Lanarkshire	64	Stepping Hill Hospital	15	Alesund Hospital, Norway	2
Medway Maritime Hospital	33	Weston General Hospital	15	Ninewells Hospital, Dundee	2
Queen Elizabeth Hospital, Birmingham	32	Basildon University Hospital	15	Southern Highlands Cancer Centre	1
Royal United Hospital	32	Bedford Hospital	14	Icon Cancer Centre Wesley	1
North Middlesex Hospital	31				