

Recruitment update:

In October, **44 new participants** were recruited into OPTIMA.

Total recruitment to date: 2874

OPTIMA Main - 2462 participants

OPTIMA prelim - 412 participants

Recruitment tip of the month—Being mindful of patients' desire to help others

Many factors combine to motivate an eligible patient to take part in OPTIMA, one of which may be a desire to shape how patients with breast cancer are treated in the future:

"Well in my mind why wouldn't I volunteer for a study if it - it might help me and whatever the results are it's definitely going to help people after me." (OPTIMA patient interview)



Completed CRF's

Please remember – do not send any completed CRFs or questionnaire booklets to the central lab (HSL-AD). All completed CRFs should be sent to Warwick CTU.



The only documents which should be posted to HSL-AD are the Tissue Transit forms and anonymised Pathology reports.

The OPTIMA Trial: Surgeon Guide

We have recently updated the surgeon's guide and version 2.0 has been sent out to sites via e-mail, hard copies will follow shortly. The document is also available via our website optimabreaststudy.com



Farewell Fabiana

Our Data Clerk, Fabiana Silva, is sadly leaving the OPTIMA team next month.

Fabi joined the team in January and has been a real asset – we will miss her greatly, but wish her all the best in her new role! She will be moving to a Trial Coordinator role on one of the other cancer trials at Warwick CTU. A well deserved promotion!

Thankyou for all of your hard work Fabi.



Update on OPTIMA from Dr Luke Hughes-Davies

OPTIMA, the UK's largest breast cancer study, continues to gather pace. There were recruitment dips during COVID peaks, but we were surprised by how quickly it bounced back. OPTIMA was seen as a useful tool during the pandemic, keeping patients out of hospital and relieving pressure on busy units. Recruitment is holding up even as the NHS comes under strain again.

Our first international partner, Norway, is recruiting quickly. Australia also wishes to participate, and we hope that their first patients will be enrolled in the next few months. It is worth noting that the Australians do not fund Oncotype (or any other test) because of concerns about the strength of the evidence. They see OPTIMA as the only way to answer important questions about the safety and utility of these tests in higher risk patients. This is why recruitment needs to continue at its current pace!



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|--|----|---|----|
| University Hospitals of North Midlands NHS Trust | 72 | George Eliot Hospital, Nuneaton | 16 |
| Velindre Cancer Centre | 71 | Norfolk & Norwich University Hospital | 16 |
| Oslo University Hospital (Norway) | 66 | Queens Hospital, Burton upon Trent | 16 |
| The Christie | 66 | University College London Hospital | 16 |
| Addenbrooke's Hospital | 64 | Bradford Royal Infirmary | 15 |
| Bristol Haematology & Oncology Centre | 64 | Royal Glamorgan Hospital | 15 |
| Blackpool Victoria Hospital | 63 | Royal Gwent Hospital | 15 |
| Mount Vernon Cancer Centre | 63 | Stepping Hill Hospital | 15 |
| Beatson West of Scotland Cancer Centre | 60 | Basingstoke and North Hampshire Hospital | 14 |
| University Hospital Coventry | 58 | Royal Cornwall Hospital | 14 |
| Royal Albert Edward Infirmary, Wigan | 57 | Chase Farm Hospital, Enfield (RFL) | 13 |
| NHS Lanarkshire | 54 | Sahlgrenska University Hospital (Sweden) | 13 |
| Inverclyde and Royal Alexandra Hospitals | 51 | St George's Hospital, London | 13 |
| Peterborough City Hospital | 43 | Western General Hospital, Edinburgh | 13 |
| Weston Park Hospital, Sheffield | 40 | NHS Ayrshire and Aran | 12 |
| Wrexham Maelor Hospital, Wrexham | 40 | St Mary's Hospital, Isle of Wight | 12 |
| Luton and Dunstable University Hospital | 39 | Royal Hampshire County Hospital, Winchester | 11 |
| Royal Devon and Exeter Hospital | 39 | Bedford Hospital | 10 |
| Derriford Hospital, Plymouth | 38 | Charing Cross, London | 10 |
| East Kent Hospitals NHS Foundation Trust | 38 | Guys Hospital | 10 |
| University Hospitals of Morecambe Bay | 38 | University Hospital of North Tees, Stockton-on-Tees | 10 |
| Glan Clwyd Hospital, Bodelwyddan | 37 | Worcestershire Royal Hospital | 10 |
| Ostfold Hospital, Kalnes (Norway) | 36 | Airedale General Hospital, Keighley | 9 |
| Maidstone Hospital | 34 | Northumbria Healthcare NHS Foundation Trust | 9 |
| Surrey and Sussex Healthcare NHS Trust | 34 | Whittington Hospital, London | 9 |
| The Princess Alexandra Hospital NHS Trust | 34 | King's Mill Hospital | 8 |
| Torbay Hospital | 34 | Royal Derby Hospital | 8 |
| Macclesfield District Hospital | 33 | University Hospital of North Norway | 8 |
| Salisbury District Hospital | 33 | Weston General Hospital, Weston Super Mare | 8 |
| Forth Valley Hospital | 31 | Basildon University Hospital | 7 |
| Royal Shrewsbury Hospital | 30 | Hinchingbrooke Hospital, Huntingdon | 7 |
| Musgrove Park Hospital, Taunton | 27 | Prince Charles Hospital, Merthyr Tydfil | 7 |
| Russells Hall Hospital, Dudley | 27 | Sunderland Royal Hospital | 7 |
| Churchill Hospital, Oxford | 26 | Worthing Hospital | 7 |
| Clatterbridge Cancer Centre | 26 | Dumfries and Galloway Royal Infirmary | 6 |
| Queen Elizabeth Hospital, Birmingham | 26 | Stavanger Hospital (Norway) | 6 |
| New Cross Hospital, Wolverhampton | 25 | Singleton Hospital, Swansea | 6 |
| Queen Elizabeth Hospital, Gateshead | 24 | Northern Lincolnshire and Goole | 5 |
| Frimley Park Hospital, Surrey | 23 | Southend University Hospital | 5 |
| Great Western Hospital, Swindon | 23 | East Sussex Healthcare NHS Trust | 4 |
| New Victoria Hospital, Glasgow | 23 | Kidderminster Hospital | 4 |
| North Middlesex Hospital | 23 | Nottingham University Hospital | 4 |
| Milton Keynes University Hospital | 22 | Pennine Acute Hospitals, North Manchester | 4 |
| Sorlandet Hospital, Kristiansand (Norway) | 22 | Royal Surrey County Hospital | 4 |
| Barnet Hospital (RFL) | 21 | Aberdeen Royal Infirmary | 3 |
| Southampton General Hospital | 21 | Chesterfield Royal Hospital | 3 |
| Medway Maritime Hospital, Gillingham | 20 | Haukeland University Hospital (Norway) | 3 |
| Royal United Hospital, Bath | 20 | Queen's Hospital, Romford | 3 |
| Belfast City Hospital | 19 | Ulster Hospital | 3 |
| Darlington Memorial Hospital | 19 | Ysbyty Gwynedd, Bangor | 3 |
| Queen Elizabeth Hospital, King's Lynn | 19 | Alexandra Hospital, Redditch | 2 |
| Lister Hospital | 18 | Birmingham City Hospital | 2 |
| Royal Free Hospital | 18 | Broomfield Hospital | 2 |
| Leighton Hospital | 17 | Doncaster Royal infirmary | 2 |
| York Hospital | 17 | Stoke Mandeville Hospital | 2 |
| Darent Valley Hospital, Dartford | 16 | Wycombe Hospital | 1 |

