

# Newsletter June 2021

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



## Recruitment update:



OPTIMA Main - 2219 participants

**Total recruitment: 2631**

OPTIMA prelim - 412 participants



## Randomising a patient

After receiving consent (initial remote consent, or full written consent), you should:

1. Complete an **Eligibility Form (CRF 1)** to confirm the patient is eligible for the trial
2. Complete a **Randomisation Form (CRF 2)** to confirm the randomisation information
3. Telephone Warwick Clinical Trials Unit Randomisation Service on **02476 150402**

The Randomisation officer will ask you to confirm the information documented on the Randomisation Form and **at the end of the call you will be given your patients 4-digit Participant Trial Number (TNO)**

## Form completion guidance

When completing any paperwork for OPTIMA, check if there is any **completion guidance** within the document to help you... this is **normally located on the back page of the case report form (CRF)**.

On most CRFs (including the **Tissue Transit form**) we have provided some guidance which will hopefully help reduce the number of queries. Do get in touch if you need any help with any of the OPTIMA paperwork. We are always happy to assist!

## Recruitment tip of the month:

### Conveying belief in OPTIMA

Explicitly stating to a patient that you are happy for the decision about chemotherapy to be determined through participation in the OPTIMA study, may help patients in their decision-making. Such a clear statement shows your belief in the study and this may reassure your patient.

*"I am very happy for you to be entered into the study and to follow the treatment that you would get given whatever that may be." (Oncologist)*

As of today  
**2219 patients**

have agreed to take part in OPTIMA Main.

In May, 45 new participants were recruited into OPTIMA throughout the UK, Norway and Sweden.

In June (so far), 51 patients have been consented into the trial —this is an amazing achievement and we want to thank all those involved.

## OPTIMA prelim

If your Site took part in OPTIMA prelim, don't forget to complete your **Annual Follow-up Forms**.

These should be sent to us via email /post each year on or around the anniversary of Trial Entry.

## OPTIMA Patient Animation

- Have you watched the **OPTIMA Animated Patient Video**?
- Have you invited your **patients** to watch it?
- Have you shared it with your surgical **colleagues**?

Only a click away [OPTIMA \(optimabreaststudy.com\)](http://OPTIMA (optimabreaststudy.com))

Working with patient advocates, we've designed the animation to accompany the full written Patient Information Sheet.



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# Recruitment per recruiting Site

(up to 24 June 2021)

University Hospitals of North Midlands NHS Trust	68	Darent Valley Hospital, Dartford	15
Addenbrooke's Hospital	62	Norfolk & Norwich University Hospital	15
Mount Vernon Cancer Centre	62	Royal Glamorgan Hospital	15
Bristol Haematology & Oncology Centre	61	Royal Gwent Hospital	15
Velindre Cancer Centre	60	Stepping Hill Hospital	15
Blackpool Victoria Hospital	58	Basingstoke and North Hampshire Hospital	14
The Christie	58	Bradford Royal Infirmary	14
Oslo University Hospital (Norway)	55	George Eliot Hospital, Nuneaton	14
Beatson West of Scotland Cancer Centre	53	Queens Hospital, Burton upon Trent	14
University Hospital Coventry	52	Royal Cornwall Hospital	14
NHS Lanarkshire	49	St Mary's Hospital, Isle of Wight	12
Royal Albert Edward Infirmary, Wigan	49	University College London Hospital	12
Inverclyde and Royal Alexandra Hospitals	46	Western General Hospital, Edinburgh	12
Peterborough City Hospital	41	Chase Farm Hospital, Enfield (RFL)	11
Wrexham Maelor Hospital, Wrexham	36	NHS Ayrshire and Aran	11
Royal Devon and Exeter Hospital	35	St George's Hospital, London	11
Weston Park Hospital, Sheffield	35	Guys Hospital	10
East Kent Hospitals NHS Foundation Trust	34	Royal Hampshire County Hospital, Winchester	10
University Hospitals of Morecambe Bay	34	University Hospital of North Tees, Stockton-on-Tees	10
Luton and Dunstable University Hospital	33	Worcestershire Royal Hospital	10
Glan Clwyd Hospital, Bodelwyddan	32	Northumbria Healthcare NHS Foundation Trust	9
Torbay Hospital	32	Sahlgrenska University Hospital (Sweden)	9
Ostfold Hospital, Kalnes (Norway)	31	Airedale General Hospital, Keighley	8
Salisbury District Hospital	31	Bedford Hospital	8
The Princess Alexandra Hospital NHS Trust	31	Charing Cross, London	8
Derriford Hospital, Plymouth	30	King's Mill Hospital	8
Forth Valley Hospital	30	Prince Charles Hospital, Merthyr Tydfil	7
Royal Shrewsbury Hospital	30	Sunderland Royal Hospital	7
Surrey and Sussex Healthcare NHS Trust	30	University Hospital of North Norway	7
Macclesfield District Hospital	29	Weston General Hospital, Weston Super Mare	7
Maidstone Hospital	29	Whittington Hospital, London	7
Musgrove Park Hospital, Taunton	25	Hinchingbrooke Hospital, Huntingdon	6
Russells Hall Hospital, Dudley	25	Basildon University Hospital	5
Churchill Hospital, Oxford	24	Dumfries and Galloway Royal Infirmary	5
Queen Elizabeth Hospital, Birmingham	24	Northern Lincolnshire and Goole	5
Clatterbridge Cancer Centre	23	Royal Derby Hospital	5
Queen Elizabeth Hospital, Gateshead	23	Stavanger Hospital (Norway)	5
Milton Keynes University Hospital	22	Worthing Hospital	5
New Cross Hospital, Wolverhampton	22	East Sussex Healthcare NHS Trust	4
Frimley Park Hospital, Surrey	21	Nottingham University Hospital	4
North Middlesex Hospital	21	Pennine Acute Hospitals, North Manchester	4
Barnet Hospital (RFL)	20	Chesterfield Royal Hospital	3
Southampton General Hospital	20	Haukeland University Hospital (Norway)	3
Darlington Memorial Hospital	19	Kidderminster Hospital	3
Medway Maritime Hospital, Gillingham	19	Queen's Hospital, Romford	3
New Victoria Hospital, Glasgow	19	Singleton Hospital, Swansea	3
Royal United Hospital, Bath	19	Ulster Hospital	3
Sorlandet Hospital, Kristiansand (Norway)	19	Ysbyty Gwynedd, Bangor	3
Belfast City Hospital	18	Birmingham City Hospital	2
Great Western Hospital, Swindon	18	Broomfield Hospital	2
Leighton Hospital	17	Doncaster Royal infirmary	2
Lister Hospital	17	Alexandra Hospital, Redditch	1
Queen Elizabeth Hospital, King's Lynn	16	Southend University Hospital	1
Royal Free Hospital	16	Wycombe Hospital	1
York Hospital	16		