

# First results from the OPTIMA phase III randomized non-inferiority trial of test-directed chemotherapy in patients with high clinical risk ER-positive HER2-negative early breast cancer. *a pre-planned time-driven analysis*

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OPTIMA is registered as ISRCTN42400492

# The OPTIMA result

OPTIMA demonstrates that the 50-gene Prosigna test identifies a group of about 2/3 of patients with ER-positive HER2-negative early breast cancer who do not have a meaningful chance of benefit from adjuvant chemotherapy.

Our study population included women aged 40 or older and patients with up to 9 involved lymph nodes.

# Background

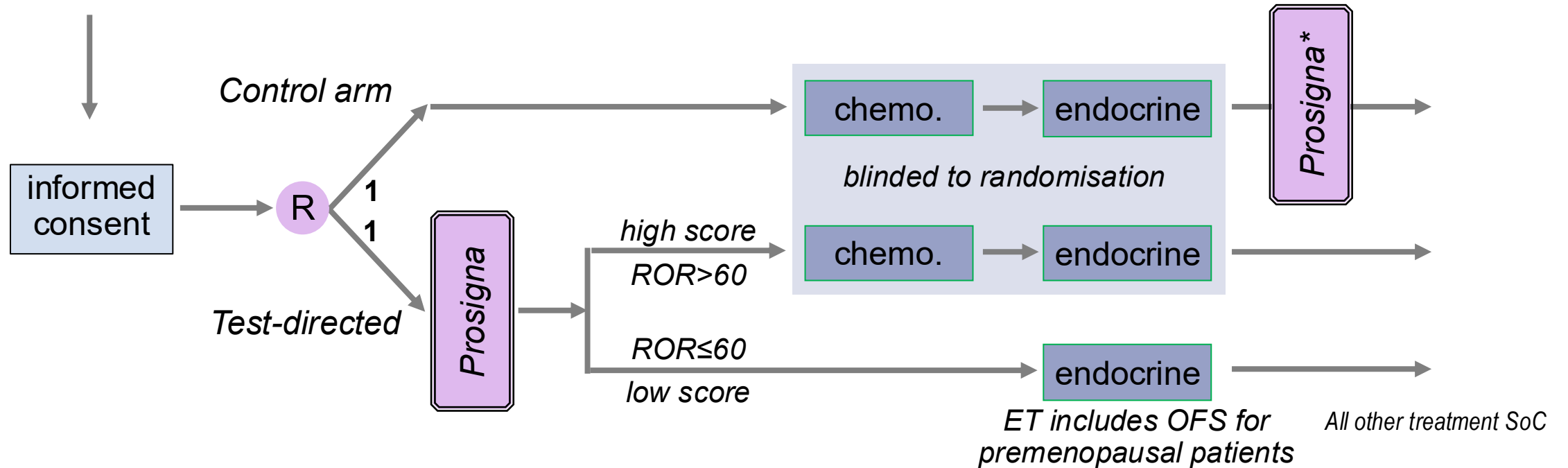
- Tumor gene expression assays are widely used to assist chemotherapy decisions for postmenopausal EBC with up to 3 involved lymph nodes
- Supporting evidence for premenopausal patient use is mixed
- There is no prospective evidence for higher levels of lymph node involvement
- OPTIMA is an international RCT that recruits high clinical risk patients
- The OPTIMA hypothesis is that the number of involved nodes does not affect chemotherapy response for low test-score tumors
- The OPTIMA pilot study selected the 50-gene Prosigna test for the main trial
  - Tumors with a Risk of Recurrence Score >60 are categorized high risk if N0

# OPTIMA design

## Main eligibility criteria

- Women & men age  $\geq 40$  with excised breast cancer
- ER-pos (IHC $>10\%$ ) & HER2-neg

- Nodes:  $\triangleright 0-9N+$ ,  
 $\triangleright$  minimum T-size requirement if N0/ N1mi
- Neoadjuvant chemotherapy prohibited



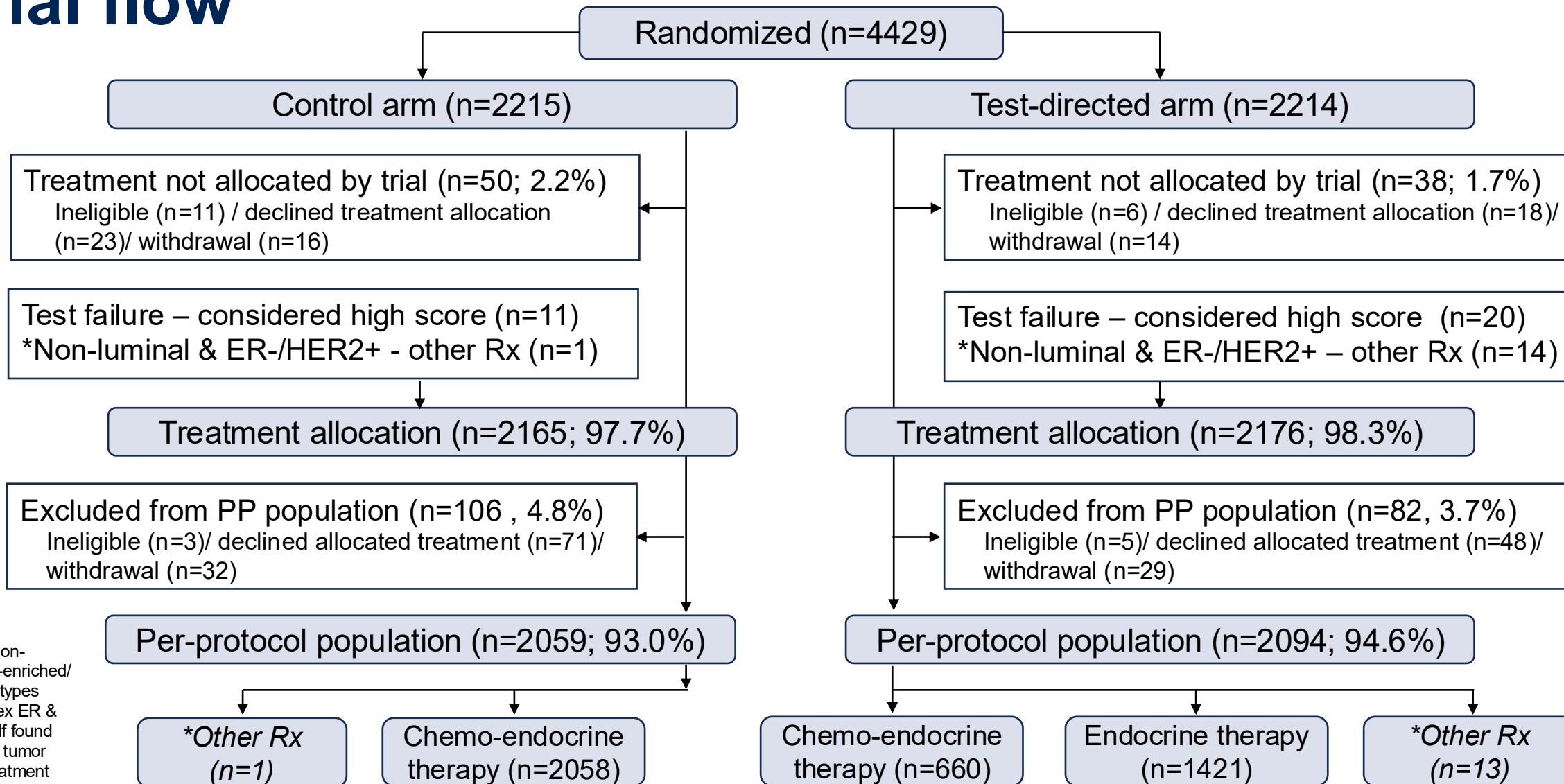
\*Control arm Prosigna testing used for analysis only. U.K. control arm testing performed following recruitment completion

# Statistical design

- Primary outcome: Invasive Breast Cancer Free Survival (IBCFS) endpoint
  - local/ regional/ distant relapse; 2<sup>nd</sup> 1<sup>o</sup> breast cancer; death from any cause
- Primary analysis: per-protocol population – minimum follow-up 1 year
- Non-inferiority hypothesis – 3% absolute noninferiority margin for IBCFS
  - Supports health economics analysis
- 83% power at one-sided 5% significance assuming 87.5% 5-year IBCFS in control arm for primary analysis
- Key 2<sup>o</sup> analysis performed in per-protocol population with tumor ROR  $\leq 60$
- Non-inferiority hypothesis – absolute 3.5% noninferiority margin for IBCFS
  - Defines clinical utility

Patients were recruited between January 2017 and December 2025

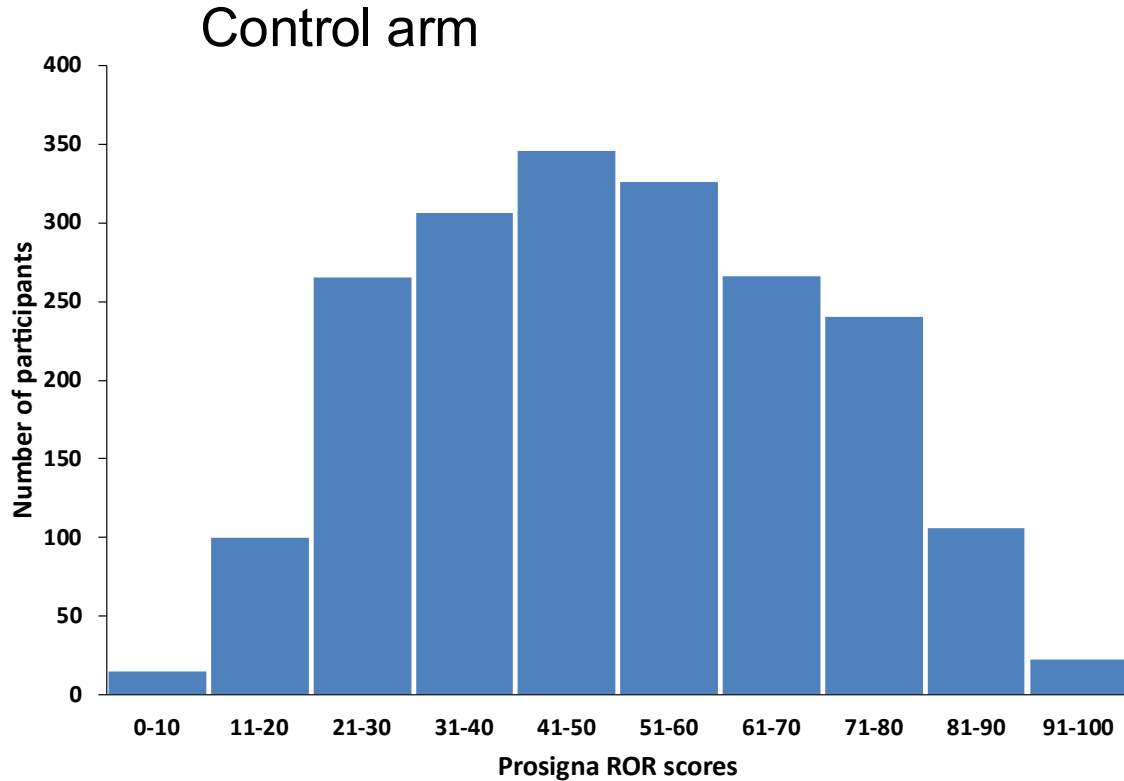
# Trial flow



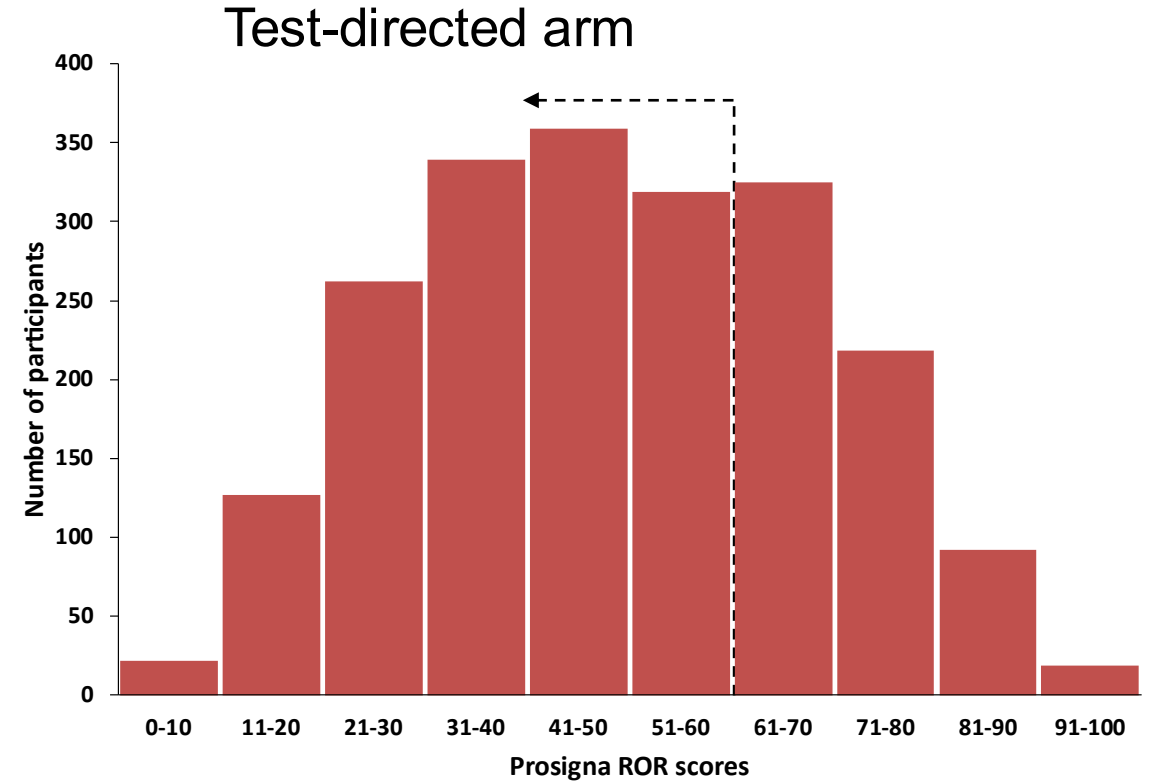
\*Tumors with non-luminal (HER2-enriched/ Basal-like) subtypes underwent reflex ER & HER2 testing. If found ineligible given tumor appropriate treatment

# Distribution of ROR scores

Per Protocol population



Median: ROR = 50 (IQR 34-65)  
66.0% had ROR  $\leq$ 60



Median: ROR = 49 (IQR 34-65)  
67.8% had ROR  $\leq$ 60

# Patient and tumor characteristics (PP population)

Characteristic	Control arm	Test directed arm	Total
number PP	2059	2094	4153
age (range)	55 (40-84)	56 (40-82)	56 (40-84)
premenopausal	776 (38%)	775 (37%)	1551 (37%)
postmenopausal	1265 (61%)	1302 (62%)	2567 (62%)
men	18 (1%)	17 (1%)	35 (1%)
grade 1-2	1417 (69%)	1465 (70%)	2862 (69%)
grade 3	642 (31%)	629 (30%)	1271 (31%)
tumor size <30 mm	1104 (54%)	1128 (54%)	2232 (54%)
tumor size ≥30 mm	955 (46%)	966 (46%)	3050 (46%)
<u>nodes</u> : 0 / micromets	160 (8%)	167 (8%)	327 (8%)
1-3*	1515 (74%)	1534 (73%)	3049 (73%)
4-9	384 (18%)	393 (19%)	777 (19%)

\*39% of pN1 tumors had a sentinel node biopsy only

# Events in the PP population

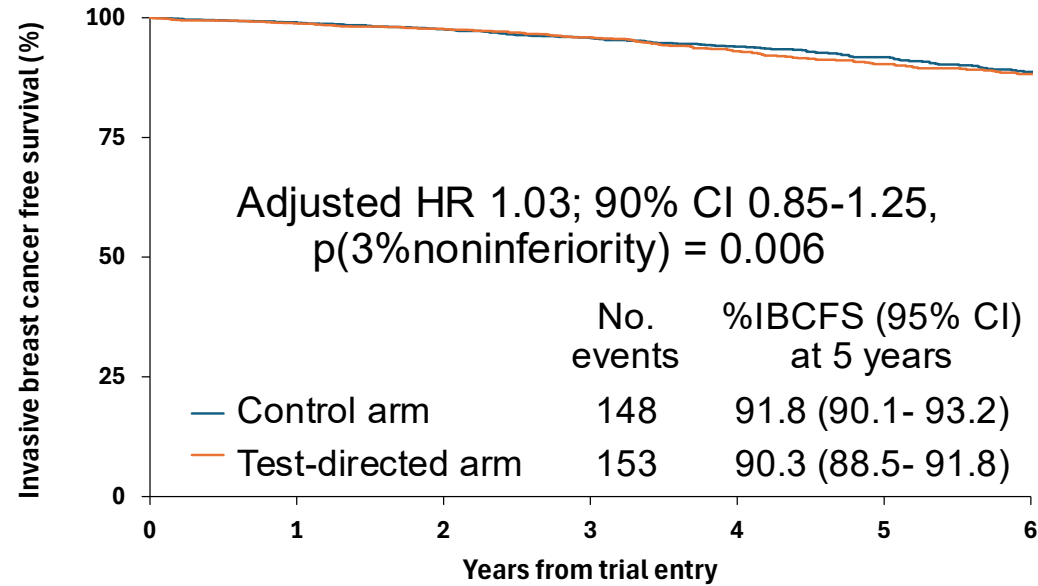
Median follow-up 4.0 years: Inter-Quartile Range 2.0-6.0 years

Outcome	Control arm	Test directed arm	Control ROR≤60 - CET	Test-directed ROR≤60 - ET
Number at risk	2059	2094	1358	1421
Any invasive cancer event†	148 (7.2%)	164 (7.8%)	73 (5.4%)	93 (6.5%)
Breast cancer recurrence (all)	118 (5.7%)	123 (5.9%)	50 (3.7%)	60 (4.2%)
loco-regional	24	23	11	13
contralateral breast	9	11	5	8
distant recurrence (± loco-regional)	100	103	39	46
Non-breast malignancy	30 (1.5%)	42 (2.0%)	23 (1.7%)	32 (2.3%)
Death (all)	72 (3.5%)	80 (3.8%)	32 (2.3%)	32 (2.3%)
breast cancer	42	48	14	18
other cancer	7	11	4	9
other cause	23	21	14	5
IBCFS events	148 (7.2%)	153 (7.3%)	68 (5.0%)	76 (5.3%)

†Patients can have multiple types of cancer event

# Invasive Breast Cancer Free Survival

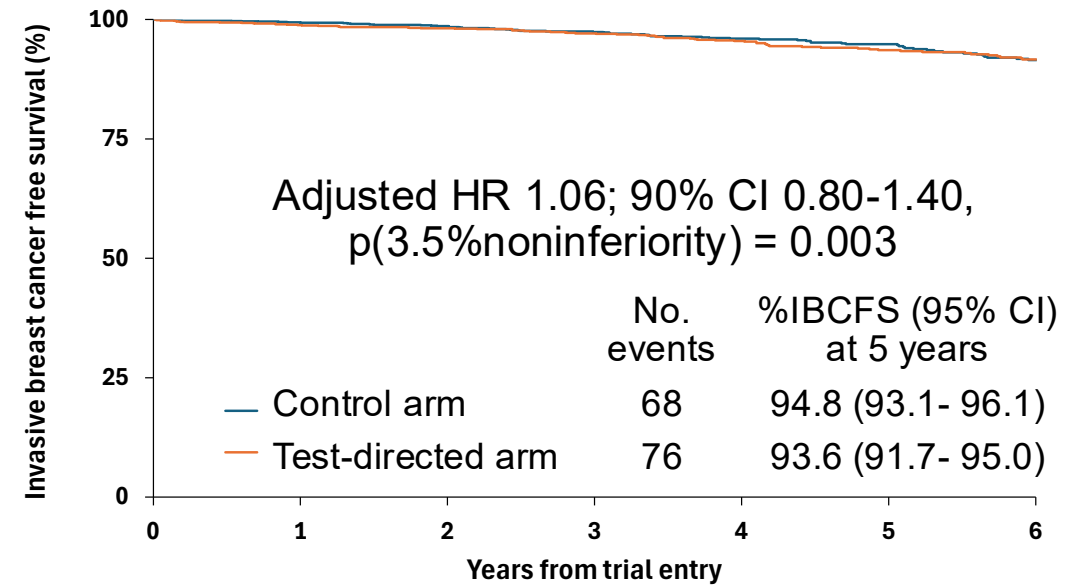
Complete Per Protocol population



Number at risk:	0	1	2	3	4	5	6
Control	2059	1818	1563	1283	999	741	485
Test-directed	2094	1857	1591	1303	989	724	481

Demonstrated non-inferiority limit = 2%  
 No certainty of chemotherapy benefit  
 1.5% observed 5-year difference –favors chemotherapy

ROR ≤60 subpopulation



Number at risk:	0	1	2	3	4	5	6
Control	1358	1207	1043	862	672	504	337
Test-directed	1421	1257	1086	905	694	503	342

Demonstrated non-inferiority limit = 2%  
 No certainty of chemotherapy benefit  
 1.2% observed 5-year difference –favors chemotherapy

# Distant Recurrence Free Interval

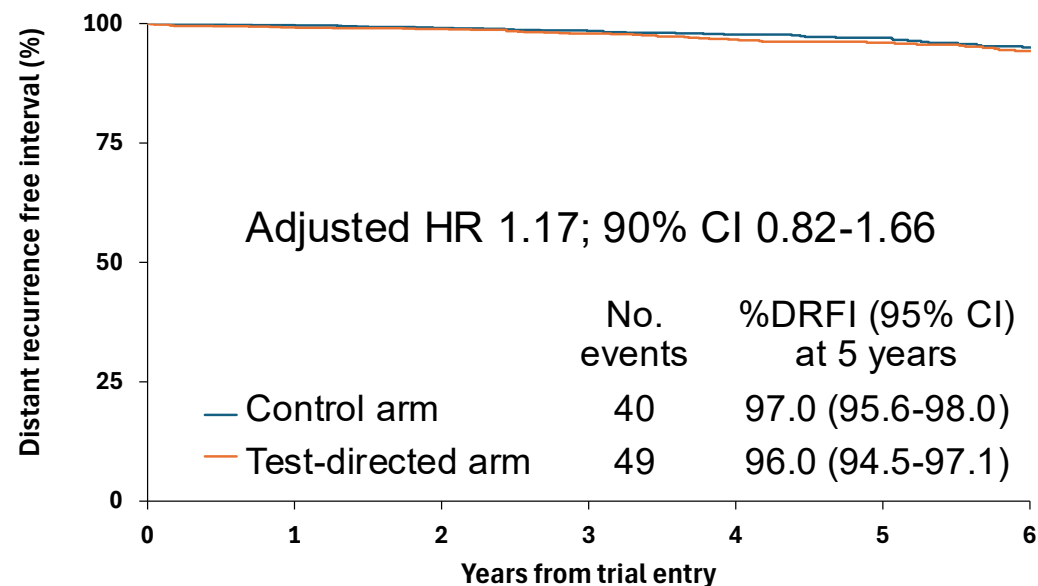
Complete Per Protocol population



Number at risk:	0	1	2	3	4	5	6
Control	2059	1822	1568	1286	1004	746	489
Test-directed	2094	1863	1599	1311	993	732	487

0.8% observed 5-year difference –favors chemotherapy

ROR ≤60 subpopulation

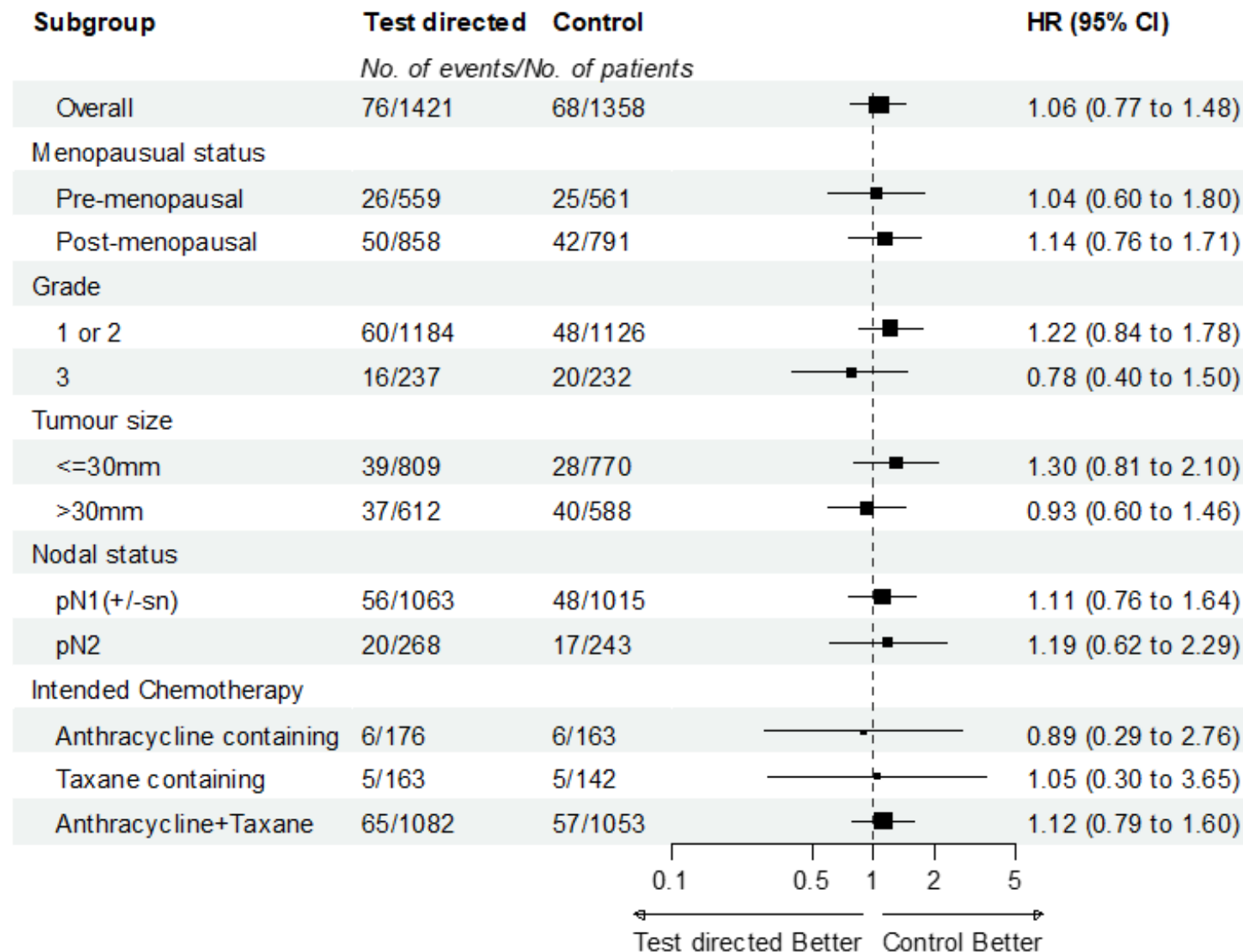


Number at risk:	0	1	2	3	4	5	6
Control	1358	1209	1046	865	676	507	340
Test-directed	1421	1262	1093	911	696	509	346

1.0% observed 5-year difference –favors chemotherapy

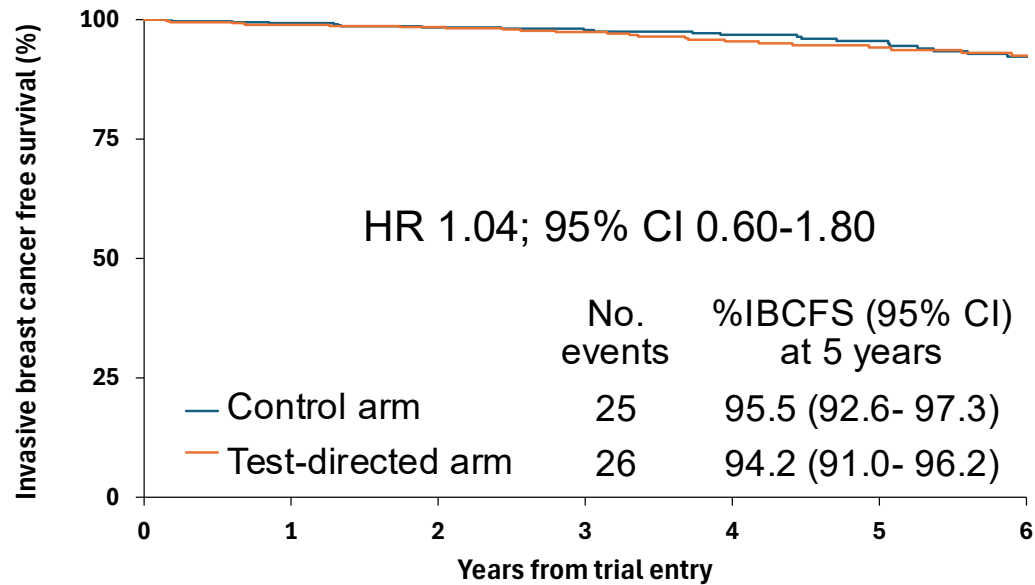
Prof. Robert C. Stein

# Subgroup analysis: low ROR score population



# IBCFS vs menopausal status: low ROR score population

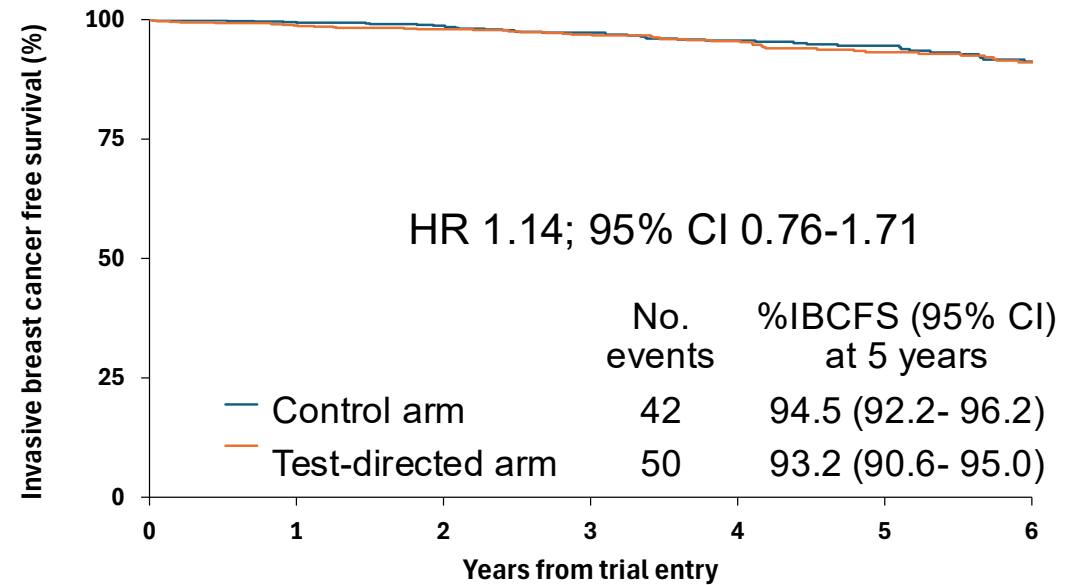
Premenopausal



Number at risk:	0	1	2	3	4	5	6
Control	561	481	409	338	258	200	140
Test-directed	559	487	410	347	256	195	135

1.3% observed 5-year difference -favors chemotherapy

Postmenopausal



Number at risk:	0	1	2	3	4	5	6
Control	791	721	631	522	414	304	197
Test-directed	858	766	673	556	437	307	207

1.3% observed 5-year difference -favors chemotherapy

# IBCFS vs nodal status: low ROR score population

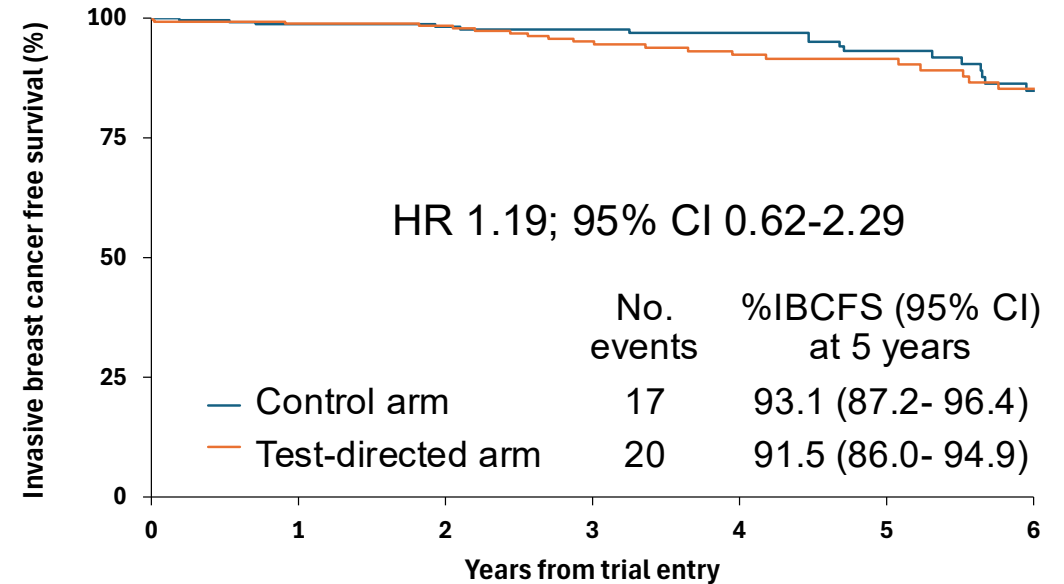
1-3 involved nodes



Number at risk:	0	1	2	3	4	5	6
Control	1015	914	798	651	499	382	264
Test-directed	1063	953	829	700	539	389	270

1.6% observed 5-year difference -favors chemotherapy

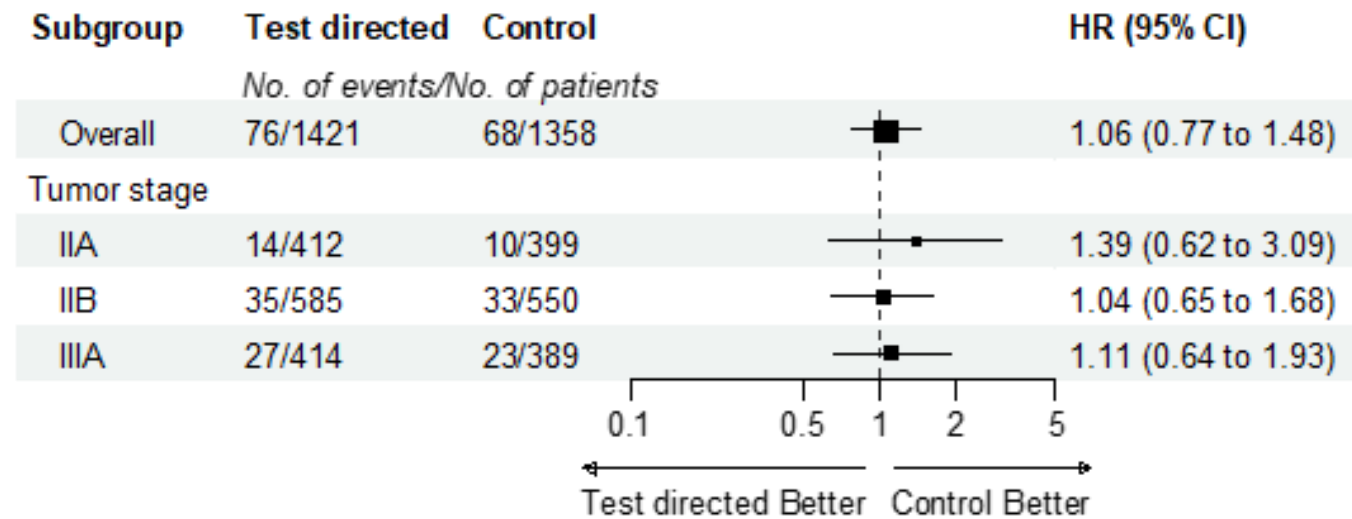
4-9 involved nodes



Number at risk:	0	1	2	3	4	5	6
Control	243	214	181	155	125	84	48
Test-directed	269	232	197	158	118	86	49

1.6% observed 5-year difference -favors chemotherapy

# IBCFS vs stage prognostic groups: low ROR score population



# Sensitivity analyses

	<b>% rate (95% CI) at 5 years</b>	<b>Adjusted HR (90% CI)</b>
<b>IBCFS in full ITT population</b>		
Control Arm	91.2% (89.5-92.6)	1.03 (90% CI 0.86 - 1.23)
Test directed Arm	89.9% (88.1-91.4)	
<b>IBCFS in ITT subpopulation with tumor ROR ≤60</b>		
Control Arm	94.3% (92.5-95.7)	1.03 (90% CI 0.79 - 1.34)
Test directed Arm	93.5% (91.6-94.9)	
<b>IDFS in full ITT population</b>		
Control Arm	89.9% (88.1-91.3)	1.06 (90% CI 0.90 - 1.25)
Test directed Arm	88.2% (86.3-89.8)	

# Limitations

- This was a time driven analysis when all patients had been on study for a minimum of 1 year: 63% of patients have under 5 years follow-up
  - Most chemotherapy effect on recurrence is seen in the first 5 years
- We recruited a predominantly white population although representative of the breast cancer population of participating countries
- Pre-menopausal women aged <40 years were excluded
- Cost-effectiveness analysis is ongoing

# Conclusions

- OPTIMA has demonstrated that the 50-gene Prosigna test identifies a patient group with minimal if any chemotherapy benefit
  - At most, 2 recurrences will be prevented for every 100 patients
- The 50-gene test can assist safe adjuvant chemotherapy decisions for:
  - premenopausal women aged at least 40 years treated with ovarian function suppression
  - patients with 4 to 9 involved lymph nodes or stage IIIA tumors

# Acknowledgements



- The 4429 patients who took a personal risk to make this trial possible
- Numerous staff who worked hard to deliver the trial at 171 recruiting sites and our 3 coordinating centers
- The U.K. NIHR HTA\* (our primary funder), our additional funders and our many supporters, including patient groups, who believed in the trial

*sponsor*



*trials unit*



Supported by

**NIHR** | National Institute for Health and Care Research



University College London Hospitals **NHS**  
NHS Foundation Trust

\*OPTIMA is funded by the UK National Institute for Health and Care Research Health Technology Assessment (NIHR HTA) Programme (project number 10/34/501). The views and opinions expressed herein are those of the authors and do not necessarily reflect those of the HTA programme, NIHR, NHS or the Department of Health.

# A lay summary of OPTIMA

- The OPTIMA trial was designed to reduce unnecessary chemotherapy use for people with newly diagnosed hormone sensitive breast cancer.
- OPTIMA recruited more than 4400 patients over 9 years from 6 countries.
- The trial compared the number of breast cancer recurrences and deaths in patients treated with standard chemotherapy with those having a chemotherapy decision made using the Prosigna test. Everybody received hormone therapy.
- Prosigna is a 50-gene test performed on cancer tissue removed at surgery.
- OPTIMA showed that at most 2% of patients with low test-score tumors benefit from chemotherapy. Everybody gets chemotherapy side-effects.
- The trial included premenopausal women aged 40 or older and patients with more than 3 involved lymph nodes.