

Recruitment update:

In July, **56 new participants** were recruited into OPTIMA.

Total recruitment to date: 2729

OPTIMA Main - 2317 participants

OPTIMA prelim - 412 participants



Lunch with OPTIMA - Tissue Transit form training



Many thanks to everyone who dialled in to the 2 sessions earlier this month. Over 75 people dialled in from a variety of Sites – it was great to see such a good turn out. We hope you all found it useful!

Slides from the session can be found on our website: <http://optimabreaststudy.com/optima-sites/recruiter-training-and-support>

Additional Tissue Transit form training sessions will be arranged for after the summer break, as we appreciate some colleagues were unable to attend, and we will also be arranging other Lunch with OPTIMA topics in due course. Watch this space!

Recruitment Tip of the Month: Use a diagram to explain the trial

Use a diagram to talk through the OPTIMA study arms.

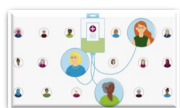


The diagram will help patients to follow the possible treatment outcomes that may arise from participating in the study. Either draw it as you are explaining or use the diagram in the Patient Information Leaflet.



OPTIMA Animated Patient Video only a click away!

[OPTIMA \(optimabreaststudy.com\)](http://optimabreaststudy.com)



Withdrawals

We understand and accept that some patients will change their mind about participating in OPTIMA. Sometimes however, patients withdraw because things don't go to plan. We have found that delays caused by errors in completing key documents such as the Tissue Transit Form are a particular problem. Getting these right:

- Saves time for everybody
- Prevents laboratory delays which affect treatment allocation
- Reduces the risk of patient distress and withdrawal

An avoidable withdrawal means that your effort in recruiting the patient has been wasted. It also weakens the trial because we are not funded to replace withdrawn patients so there are fewer patients to analyse.

If you are not sure about how to complete the tissue transit form, which blocks to send or anything else then please contact us. A quick call or email to the Trial Office will save everybody time later and give you and your patients a better experience.

Please remember to redact

Patient Identifiable information should be redacted from all information we receive. Please continue to redact all information as required.



The only information we need on any pathology reports we receive is the **Initials, Date of Birth and Histology number**—we need these data items to verify the correct block has been sent, so please do not redact these items.

Thank you!



Recruitment per recruiting Site (up to 24th August 2021)

University Hospitals of North Midlands NHS Trust	69	Norfolk & Norwich University Hospital	16
Velindre Cancer Centre	65	Bradford Royal Infirmary	15
Mount Vernon Cancer Centre	63	George Eliot Hospital, Nuneaton	15
Addenbrooke's Hospital	62	Royal Glamorgan Hospital	15
Bristol Haematology & Oncology Centre	62	Royal Gwent Hospital	15
The Christie	60	Stepping Hill Hospital	15
Blackpool Victoria Hospital	59	Basingstoke and North Hampshire Hospital	14
Oslo University Hospital (Norway)	58	Queens Hospital, Burton upon Trent	14
Beatson West of Scotland Cancer Centre	56	Royal Cornwall Hospital	14
University Hospital Coventry	55	Western General Hospital, Edinburgh	13
Royal Albert Edward Infirmary, Wigan	53	NHS Ayrshire and Aran	12
NHS Lanarkshire	49	Sahlgrenska University Hospital (Sweden)	12
Inverclyde and Royal Alexandra Hospitals	48	St Mary's Hospital, Isle of Wight	12
Peterborough City Hospital	43	University College London Hospital	12
Weston Park Hospital, Sheffield	38	Chase Farm Hospital, Enfield (RFL)	11
Wrexham Maelor Hospital, Wrexham	38	Royal Hampshire County Hospital, Winchester	11
Luton and Dunstable University Hospital	37	St George's Hospital, London	11
Royal Devon and Exeter Hospital	36	Guys Hospital	10
East Kent Hospitals NHS Foundation Trust	35	University Hospital of North Tees, Stockton-on-Tees	10
University Hospitals of Morecambe Bay	35	Worcestershire Royal Hospital	10
Glan Clwyd Hospital, Bodelwyddan	34	Airedale General Hospital, Keighley	9
Derriford Hospital, Plymouth	33	Bedford Hospital	9
Maidstone Hospital	33	Northumbria Healthcare NHS Foundation Trust	9
The Princess Alexandra Hospital NHS Trust	33	Charing Cross, London	8
Ostfold Hospital, Kalnes (Norway)	32	King's Mill Hospital	8
Surrey and Sussex Healthcare NHS Trust	32	University Hospital of North Norway	8
Torbay Hospital	32	Hinchingbrooke Hospital, Huntingdon	7
Forth Valley Hospital	31	Prince Charles Hospital, Merthyr Tydfil	7
Macclesfield District Hospital	31	Sunderland Royal Hospital	7
Salisbury District Hospital	31	Weston General Hospital, Weston Super Mare	7
Royal Shrewsbury Hospital	30	Whittington Hospital, London	7
Russells Hall Hospital, Dudley	27	Worthing Hospital	7
Churchill Hospital, Oxford	26	Stavanger Hospital (Norway)	6
Musgrove Park Hospital, Taunton	26	Basildon University Hospital	5
Clatterbridge Cancer Centre	24	Dumfries and Galloway Royal Infirmary	5
Queen Elizabeth Hospital, Birmingham	24	Northern Lincolnshire and Goole	5
Queen Elizabeth Hospital, Gateshead	23	Royal Derby Hospital	5
Frimley Park Hospital, Surrey	22	East Sussex Healthcare NHS Trust	4
Milton Keynes University Hospital	22	Nottingham University Hospital	4
New Cross Hospital, Wolverhampton	22	Pennine Acute Hospitals, North Manchester	4
North Middlesex Hospital	22	Aberdeen Royal Infirmary	3
Great Western Hospital, Swindon	21	Chesterfield Royal Hospital	3
New Victoria Hospital, Glasgow	21	Haukeland University Hospital (Norway)	3
Barnet Hospital (RFL)	20	Kidderminster Hospital	3
Royal United Hospital, Bath	20	Queen's Hospital, Romford	3
Sorlandet Hospital, Kristiansand (Norway)	20	Singleton Hospital, Swansea	3
Southampton General Hospital	20	Ulster Hospital	3
Darlington Memorial Hospital	19	Ysbyty Gwynedd, Bangor	3
Medway Maritime Hospital, Gillingham	19	Birmingham City Hospital	2
Belfast City Hospital	18	Broomfield Hospital	2
Lister Hospital	18	Doncaster Royal infirmary	2
Leighton Hospital	17	Royal Surrey County Hospital	2
Queen Elizabeth Hospital, King's Lynn	17	Southend University Hospital	2
Royal Free Hospital	17	Stoke Mandeville Hospital	2
York Hospital	17	Alexandra Hospital, Redditch	1
Darent Valley Hospital, Dartford	16	Wycombe Hospital	1