

# Newsletter August 2018

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



## Recruitment update

Total recruitment is currently at 560 with **46 patients recruited in July**,  
Top recruiters were Bristol Haematology and Oncology Centre  
with 4 patients.



**Please continue to screen and approach potential participants.**

## Please be aware when screening —Neoadjuvant treatment excludes patients from OPTIMA



We have had a few patients randomised into the trial who, it has later been found, received endocrine therapy prior to surgery. These patients are ineligible for the trial and have been reported as protocol violations. Please take care to confirm during the screening process that neoadjuvant treatment has not been given to your patients.

## Launch of the OPTIMA Patient Flyer



Over August we'll be rolling out a 1 page OPTIMA Patient Flyer. The flyer is a 'trailer' document giving patients an introduction to OPTIMA in advance of a full discussion with the oncology team.

It's designed to be handed out by a surgeon or breast care nurse at the post-surgery appointment.

The flyer was developed with extensive patient involvement and is in addition to the OPTIMA Patient Information Sheet.

Please add your **site-specific contact details** to the patient leaflet in the space provided.

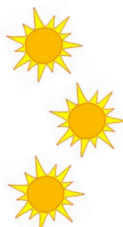
## OPTIMA Regional Recruitment Meetings (CDP accredited)

In July the OPTIMA team visited a sunny South Wales and in September we'll be heading to Manchester. A key theme of the meetings is the importance of thinking about OPTIMA as a team trial. With that in mind, we'd very much welcome surgeons at regional meetings.

Please extend future invitations to your surgical colleagues.



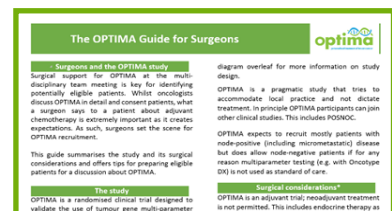
## Meet the Warwick OPTIMA Team!



Just so you can put names to faces!

L-R: Caroline Jevons—Recruitment Facilitator, Katie McGuinness—Trial Manager, Georgi Dotchin—Trial Coordinator, Kate Packard—Trial Administrator, Sam Careless—Data Entry Clerk.

## New—OPTIMA Guides for Surgeons and Breast Care Nurses



Hand in hand with the patient flyer, we're introducing an OPTIMA guide for Surgeons and one for breast care nurses. The guides highlight the important roles that your surgical colleagues perform in supporting recruitment and they provide tips on preparing patients for a discussion about OPTIMA.

**Please pass on the guides to your surgical Colleagues**, when you receive them.

## Number of patients randomised per site (01/08/0218)

University Hospital Coventry	29	Queen Elizabeth Hospital, Birmingham	5
Mount Vernon Cancer Centre	27	Royal Glamorgan Hospital	5
University Hospitals of North Midlands	27	Weston Park Hospital, Sheffield	5
Blackpool Victoria Hospital	24	Whittington Hospital	5
Bristol Haematology and Oncology Centre	22	Belfast City Hospital	4
Addenbrooke's Hospital	18	Medway Maritime Hospital	4
Peterborough City Hospital	17	Milton Keynes University Hospital	4
The Christie	16	Norfolk & Norwich University Hospital	4
Wrexham Maelor Hospital, Wrexham	15	North Middlesex Hospital	4
Derriford Hospital, Plymouth	14	Royal Cornwall Hospital	4
NHS Lanarkshire	14	Royal Gwent Hospital	4
Velindre Cancer Centre	14	Sunderland Royal Hospital	4
Royal Alexandra and Inverclyde Hospitals	13	University College London Hospital	4
Queen Elizabeth Hospital, Gateshead	11	University Hospital of North Tees	4
University Hospitals of Morecambe Bay	11	Chase Farm Hospital	3
Salisbury District Hospital	10	Darent Valley Hospital	3
Beatson West of Scotland Cancer Centre	9	Dumfries and Galloway Royal Infirmary	3
Luton and Dunstable University Hospital	9	East Sussex Healthcare NHS Trust	3
Stepping Hill Hospital	9	Pennine Acute Hospitals	3
Royal Devon and Exeter Hospital	9	Prince Charles Hospital	3
Russells Hall Hospital, Dudley	9	Queens Hospital, Burton upon Trent	3
Royal Free Hospital	9	Royal United Hospital, Bath	3
Glan Clwyd Hospital, Bodelwyddan	8	Southampton General Hospital	3
Forth Valley Hospital	7	Western General Hospital, Edinburgh	3
Macclesfield District Hospital	7	Ysbyty Gwynedd, Bangor	3
Northumbria Healthcare NHS Foundation Trust	7	Airedale General Hospital	2
St Margaret's Hospital, Epping	7	Birmingham City Hospital	2
Torbay Hospital	7	Chesterfield Royal Hospital	2
Barnet Hospital	6	Nottingham University Hospital	2
Darlington Memorial Hospital	6	Royal Hampshire County Hospital	2
George Eliot Hospital	6	St Mary's Hospital, Isle of Wight	2
Lister Hospital	6	University Hospital Crosshouse	2
Royal Albert Edward Infirmary, Wigan	6	Basildon University Hospital	1
Royal Shrewsbury Hospital	6	Basingstoke and North Hampshire Hospital	1
York Hospital	6	Bradford Royal Infirmary	1
Bedford Hospital	5	Broomfield Hospital	1
East Kent Hospitals NHS Foundation Trust	5	Maidstone Hospital	1
Frimley Park Hospital	5	Northern Lincolnshire and Goole NHS Trust	1
Musgrove Park Hospital	5	Weston General Hospital	1
New Cross Hospital, Wolverhampton	5		

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