

Newsletter January 2018

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update

317 participants have been recruited to-date into OPTIMA with 28 randomised in December. Well done to **Mount Vernon Cancer Centre, top recruiters in December with 4 patients.**

2018 has started well, 34 participants recruited so far! A record 6 sites have recruited their first patient in January. **Congratulations** to Darlington Memorial, George Eliot, University College London, Royal United Bath, Belfast City and Royal Gwent Hospitals.

Please continue to screen and approach potential participants.

Compatible studies

OPTIMA is compatible with a number of other studies. Patients randomised into OPTIMA can also take part in:-

- ◆ Add-Aspirin
- ◆ UniRad
- ◆ EarLEE-1 and EarLEE-2
- ◆ POSNOC (N.B. all planned axillary surgery must be completed prior to randomisation into OPTIMA)
- ◆ PALLAS
- ◆ FAST-Forward
- ◆ Monarch E

Please let us know if an OPTIMA participant is co-enrolled into another study by completing the Co-enrolment CRF. Please contact the OPTIMA trial office if you would like to query compatibility with any studies not listed here.

Pre-surgical treatment excludes patients from OPTIMA

When screening patients for OPTIMA please be aware that patients are not eligible for the study if they have received pre-surgical chemotherapy, endocrine therapy or radiotherapy for breast cancer. Please take care to confirm during the screening process that neoadjuvant treatment has not been given to the patient.

Recruitment tip of the month: Talking about the Prosigna test with patients

Here are a few points to get across:

- ◆ The Prosigna test is carried out in a dedicated laboratory on a sample of tumour already removed during surgery.
- ◆ The test provides more information about the tumour than can be obtained at a hospital level.
- ◆ There is evidence to suggest that the Prosigna test may be able to predict if a patient is likely to benefit from chemotherapy or not. There is uncertainty however, and more research is needed, hence the OPTIMA study.

2018 Resolution - Audio-record recruitment appointments



If your site has an audio-recorder, please approach your next potential OPTIMA patient and ask if you can record the appointment.

Carmel, our qualitative researcher, will be happy to provide you with individual, confidential feedback and tips. If you have any questions about discussing the OPTIMA study or would like an audio recorder, please contact carmel.conefrey@bristol.ac.uk.

Welcome to a new member of the OPTIMA team

Sam Careless has recently joined the OPTIMA team based at Warwick Clinical Trials Unit as Data Entry Clerk.

Number of patients randomised per site

Information correct as of 25/01/18

University Hospital Coventry	25	Derriford Hospital, Plymouth	3
Mount Vernon Cancer Centre	20	Milton Keynes University Hospital	3
University Hospitals of North Midlands	17	Norfolk & Norwich University Hospital	3
Blackpool Victoria Hospital	15	Pennine Acute Hospitals	3
Bristol Haematology and Oncology Centre	14	St Margaret's Hospital, Epping	3
Addenbrooke's Hospital	13	Birmingham City Hospital	2
Royal Alexandra and Inverclyde Hospitals	10	Chesterfield Royal Hospital	2
Luton and Dunstable University Hospital	9	Dumfries and Galloway Royal Infirmary	2
NHS Lanarkshire	9	East Kent Hospitals NHS Foundation Trust	2
Peterborough City Hospital	9	Forth Valley Hospital	2
The Christie	8	Nottingham University Hospital	2
Wrexham Maelor Hospital, Wrexham	8	Prince Charles Hospital	2
Salisbury District Hospital	7	Queens Hospital, Burton upon Trent	2
Barnet Hospital	6	Royal Albert Edward Infirmary, Wigan	2
Glan Clwyd Hospital, Bodelwyddan	6	Royal Glamorgan Hospital	2
Royal Free Hospital	6	Sunderland Royal Hospital	2
Russells Hall Hospital, Dudley	6	Western General Hospital, Edinburgh	2
Stepping Hill Hospital	6	York Hospital	2
Velindre Cancer Centre	6	Ysbyty Gwynedd, Bangor	2
Beatson West of Scotland Cancer Centre	5	Basingstoke and North Hampshire Hospital	1
Lister Hospital	5	Belfast City Hospital	1
Macclesfield District Hospital	5	Chase Farm Hospital	1
New Cross Hospital, Wolverhampton	5	Darlington Memorial Hospital	1
Royal Devon and Exeter Hospital	5	George Eliot Hospital	1
University Hospitals of Morecambe Bay	5	Musgrove Park Hospital	1
Whittington Hospital	5	Queen Elizabeth Hospital, Birmingham	1
Northumbria Healthcare NHS Foundation Trust	4	Royal Cornwall Hospital	1
Queen Elizabeth Hospital, Gateshead	4	Royal Gwent Hospital	1
Royal Shrewsbury Hospital	4	Royal Hampshire County Hospital	1
Torbay Hospital	4	Royal United Hospital, Bath	1
University Hospital of North Tees	4	St Mary's Hospital, Isle of Wight	1
Bedford Hospital	3	University College London Hospital	1
Darent Valley Hospital	3		

Contact us

If you have any questions please don't hesitate to contact us, the OPTIMA team are very willing to help.

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