

Newsletter August 2024

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update:



In July, 45 new participants were recruited into OPTIMA

Total recruitment to date:

OPTIMA Main - 4035 participants

OPTIMA prelim - 412 participants

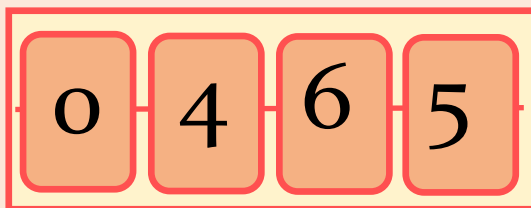


With only 4 months of recruitment into OPTIMA Main left, the countdown is on to recruit the remaining patients to meet our target. **The current end date for recruitment is 31 December 2024.**

It is important now more than ever to continue approaching patients that are eligible for OPTIMA and **offering them the opportunity to safely avoid chemotherapy.**

We are so close from answering our important research question. The end is within sight!

Recruitment countdown:



BANK HOLIDAY REMINDER

A friendly reminder that the trials unit will be closed on **Monday 26th August 2023** for Summer Bank Holiday.

Allocations will be expected on Tuesday 27th August, provided there are no unexpected delays.

CoBrCa 2024



The OPTIMA team are excited to be attending the **8th World Congress on Controversies in Breast Cancer (CoBrCa)**, in Edinburgh—11-13 September 2024


If you're attending, join us at the Thursday Morning Breakfast Symposium with Veracyte, where our **OPTIMA Surgical Advisor, Stuart McIntosh** will be presenting "**How will the OPTIMA trial answer many of the outstanding questions around the utility of Genomic Testing?**"

We're excited to see you there!

More info: <https://cobrca.org/veracyte-symposium/>

Recruiter Training and Support

Did you know that we have a variety of training materials and supporting documents on our website, including tissue transit form training, sample collection SOP and recruiter tips for engaging with patient preferences?

Check them out on the link below! 

[OPTIMA Recruiter Training and Support](#)

Chemotherapy Form update

You may have noticed that the Chemotherapy form was recently updated to collect **Total Dose Given in mg.**

Initially, we collected Dose Given (mg/m²) and Total Dose (mg). We then simplified the CRF to only collect Dose Given (mg/m²).

However, for reporting, we need to know the **Total Dose Given in mg.** Apologies for the confusion.

The current CRF (Version 9.0) is now correct and collects the correct information. Please ensure that you are using version 9.0 moving forward, and collecting the **Total Dose Given in mg**

4. Chemotherapy details:

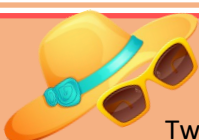
Please confirm which drugs were given during this cycle by ticking the relevant drug name and completing the dose given.

Drug name	Dose given (mg)
<input type="checkbox"/> Fluorouracil	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="checkbox"/> Epirubicin	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="checkbox"/> Cyclophosphamide	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>



CRFs via post

Please can we ask that sites prioritise sending CRFs via **email** rather than post. The OPTIMA team are not in the office full time so CRFs and data queries are actioned quicker when we receive them by email.



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Recruitment per recruiting Site (as of 23rd August 2024)



Oslo University Hospital, Norway	155	The Queen Elizabeth Hospital, King's Lynn	27	Doncaster Royal infirmary	6
Blackpool Victoria Hospital	135	Bradford Royal Infirmary	26	Lake Macquarie Private Hospital, Australia	6
Velindre Cancer Centre	134	York Hospital	25	Ulster Hospital	5
The Christie NHS Foundation Trust	105	Milton Keynes University Hospital	25	Northern Lincolnshire and Goole NHS Foundation Trust	5
Bristol Haematology and Oncology Centre	88	Queens Hospital, Burton upon Trent	24	Alexandra Hospital	5
Mount Vernon Cancer Centre	87	Chase Farm Hospital	22	St Olavs Hospital, Norway	5
University Hospitals of North Midlands NHS Trust	87	St George's Hospital	22	Hereford County Hospital	5
Royal Albert Edward Infirmary	85	University Hospital of North Norway, Norway	22	University Hospital Geelong, Australia	5
Beatson West of Scotland Cancer Centre	83	Darent Valley Hospital	21	Southern Highlands Cancer Centre, Australia	5
Inverclyde Royal and Royal Alexandra Hospital	82	Stavanger Hospital, Norway	21	Royal Bolton Hospital	5
Ostfold Hospital, Norway	79	Singleton Hospital	20	Icon Cancer Centre Hobart, Australia	5
Weston Park Hospital	77	Norfolk & Norwich University Hospital	20	Maroondah Hospital, Australia	5
Addenbrooke's Hospital	73	University College London Hospital	20	Nottingham University Hospital	4
University Hospital Coventry	68	University Hospital Crosshouse	20	East Sussex Healthcare NHS Trust	4
NHS Lanarkshire	68	George Eliot Hospital	20	Kidderminster Hospital	4
East Surrey Hospital	61	Lister Hospital	19	St Vincent's Hospital Melbourne, Australia	4
University Hospitals of Morecambe Bay	57	The Whittington Hospital	19	Sunshine Coast University Hospital, Australia	4
Macclesfield District Hospital	56	The Royal Glamorgan Hospital	19	Nepean Cancer Care Centre, Australia	4
Wrexham Maelor Hospital	54	Darlington Memorial Hospital	19	Frankston Hospital, Australia	4
Peterborough City Hospital	53	Aberdeen Royal Infirmary	19	Ysbyty Gwynedd	3
Forth Valley Hospital	53	Nordland Hospital, Norway	19	Chesterfield Royal Hospital	3
Sorlandet Hospital, Norway	53	Basildon University Hospital	17	Queen's Hospital, Romford	3
Sahlgrenska University Hospital, Sweden	53	Royal Derby Hospital	17	Haukeland University Hospital, Norway	3
Royal Devon and Exeter Hospital	52	Royal Sussex County Hospital	17	Alesund Hospital, Norway	3
Luton and Dunstable University Hospital	52	Western General Hospital	16	Icon Cancer Centre Wesley, Australia	3
Glan Clwyd Hospital	52	Worcestershire Royal Hospital	16	Gosford Hospital, Australia	3
East Kent Hospitals NHS Foundation Trust	52	Telemark Hospital, Norway	16	Toowoomba Hospital, Australia	3
New Victoria Hospital	52	Royal Cornwall Hospital	15	Royal Melbourne Hospital, Australia	3
Guys Hospital	51	Bedford Hospital	15	Box Hill Hospital, Australia	3
Russells Hall Hospital	50	Royal Hampshire County Hospital	15	Birmingham City Hospital	2
Belfast City Hospital	50	Royal Gwent Hospital	15	Broomfield Hospital	2
Derriford Hospital	48	Stepping Hill Hospital	15	Calvary Mater Newcastle, Australia	2
St Margaret's Hospital	48	Weston General Hospital	15	Coffs Harbour Health Campus, Australia	2
Maidstone Hospital	48	Basingstoke and North Hampshire Hospital	14	Bendigo Hospital, Australia	2
Salisbury District Hospital	47	Southend University Hospital	14	Orange Health Service, Australia	2
New Cross Hospital	46	Royal Surrey County Hospital	14	Monash Health – Clayton, Australia	2
Torbay Hospital	45	St Mary's Hospital	13	Prince of Wales Hospital, Australia	2
Frimley Park Hospital	43	Hinchingsbrooke Hospital	13	The Queen Sirikit Centre for Breast Cancer	2
Royal Free Hospital	39	Airedale General Hospital	13	Northeast Health Wangaretta, Australia	1
North Middlesex Hospital	34	Prince Charles Hospital	11	Grampians Health Ballarat, Australia	1
Queen Elizabeth Hospital, Birmingham	34	Tameside General Hospital	11	Westmead Hospital, Australia	1
Churchill Hospital	34	University Hospital of North Tees	10	Alfred Hospital, Australia	1
Medway Maritime Hospital	34	Manchester University NHS Foundation Trust	9	Victorian Breast & Oncology Care, Australia	1
Royal United Hospital	33	Northumbria Healthcare NHS Foundation Trust	9	Icon Cancer Centre Kurralta Park, Australia	1
Musgrove Park Hospital	31	University Hospital Ayr	9	Mid North Coast Local Health District trading as Port Macquarie Base Hospital, Australia	1
Royal Shrewsbury Hospital	30	Worthing Hospital	9	Sydney Adventist Hospital, Australia	1
Leighton Hospital	30	Wycombe Hospital	9	Campbelltown Hospital, Australia	1
The Great Western Hospital	30	Dumfries and Galloway Royal Infirmary	8	Epworth Richmond Hospital, Australia	1
Barnet Hospital	29	King's Mill Hospital	8	Austin Hospital, Australia	1
Southampton General Hospital	29	Ninewells Hospital, Dundee	8	St John of God Subiaco Hospital, Australia	1
Charing Cross Hospital	29	Sunderland Royal Hospital	7	Concord Repatriation General Hospital, Australia	1
Queen Elizabeth Hospital, Gateshead	28	Stoke Mandeville Hospital	7	Antrim Area Hospital	1
Clatterbridge Cancer Centre	28	Princess of Wales Hospital	7		