

Newsletter April 2024

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update:

In March, **65 new participants** were recruited into OPTIMA.

Total recruitment to date: 4269

Recruitment countdown:

0 6 4 3

MAY BANK HOLIDAY

A friendly reminder that the trials unit will be closed on **Monday 6th May**. The OPTIMA trials office and randomisation service will also be closed.

Allocations are expected to be processed on **Tuesday 7th May**.

Please bear this in mind when booking in patients.

OPTIMA INVESTIGATOR MEETING— UK

Wednesday 22nd May 2024,
Royal College of General Practitioners, London

Spaces are limited so don't forget to register:

[OPTIMA Investigator Meeting Registration Link](#)



Programming includes:

- ⇒ Progress in the OPTIMA Trial
- ⇒ What's new in Predict 3?
- ⇒ What chemotherapy regimen do I use for high-risk ER+ HER2 - early breast cancer?
- ⇒ Adjuvant abemaciclib in the OPTIMA trial
- ⇒ Recruitment to OPTIMA: the secret of my success!
- ⇒ Participation of Australia and New Zealand to the OPTIMA Trial
- ⇒ The future of General Practice
- ⇒ Why do doctors prescribe drugs that don't work?
- ⇒ Results from Mammo-50 Trial
- ⇒ OPTIMA Trial from a patient perspective
- ⇒ Completing the OPTIMA Trial

OPTIMA INVESTIGATOR MEETING— Australia

Earlier this month, the team at Breast Cancer Trials hosted an Australian OPTIMA meeting.

Prof. Rob Stein attended the meeting in Sydney, along side Otto (our OPTIMA koala).



Overdue CRFs

A friendly reminder to make sure that you have sent all of your completed CRFs to us via email.

This includes Annual Follow up Forms which should be completed for all **OPTIMA Main** and **OPTIMA prelim** participants annually, at the anniversary of trial entry (consent), for 10 years.

Patients are also required to complete questionnaires at various points in the trial. If the patient is not able / willing to complete these, please let us know as we can mark these as "unobtainable".

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Recruitment per recruiting Site

(as of 24th April 2024)

| | | | | | |
|---|-----|---|----|--|----|
| Oslo University Hospital, Norway | 148 | Barnet Hospital | 29 | Royal Sussex County Hospital | 10 |
| Blackpool Victoria Hospital | 129 | Southampton General Hospital | 29 | Northumbria Healthcare NHS Foundation Trust | 9 |
| Velindre Cancer Centre | 129 | The Great Western Hospital | 29 | University Hospital Ayr | 9 |
| The Christie NHS Foundation Trust | 104 | Queen Elizabeth Hospital, Gateshead | 28 | Worthing Hospital | 9 |
| Bristol Haematology and Oncology Centre | 88 | Clatterbridge Cancer Centre | 28 | King's Mill Hospital | 8 |
| University Hospitals of North Midlands NHS Trust | 86 | The Queen Elizabeth Hospital, King's Lynn | 27 | Sunderland Royal Hospital | 7 |
| Mount Vernon Cancer Centre | 85 | Charing Cross Hospital | 27 | Manchester University NHS Foundation Trust | 7 |
| Royal Albert Edward Infirmary | 83 | York Hospital | 25 | Wycombe Hospital | 7 |
| Beatson West of Scotland Cancer Centre | 81 | Milton Keynes University Hospital | 25 | Stoke Mandeville Hospital | 7 |
| Inverclyde Royal and Royal Alexandra Hospital | 81 | Bradford Royal Infirmary | 25 | Dumfries and Galloway Royal Infirmary | 6 |
| Weston Park Hospital | 74 | Queens Hospital, Burton upon Trent | 22 | Doncaster Royal infirmary | 6 |
| Addenbrooke's Hospital | 73 | St George's Hospital | 22 | Princess of Wales Hospital | 6 |
| Ostfold Hospital, Norway | 73 | Chase Farm Hospital | 21 | Ulster Hospital | 5 |
| University Hospital Coventry | 67 | Darent Valley Hospital | 21 | Northern Lincolnshire and Goole NHS Foundation Trust | 5 |
| NHS Lanarkshire | 67 | Singleton Hospital | 20 | Alexandra Hospital | 5 |
| East Surrey Hospital | 59 | Norfolk & Norwich University Hospital | 20 | Nottingham University Hospital | 4 |
| University Hospitals of Morecambe Bay | 57 | University College London Hospital | 20 | East Sussex Healthcare NHS Trust | 4 |
| Macclesfield District Hospital | 55 | University Hospital Crosshouse | 20 | Kidderminster Hospital | 4 |
| Peterborough City Hospital | 52 | George Eliot Hospital | 20 | St Olavs Hospital, Norway | 4 |
| Sorlandet Hospital, Norway | 52 | Lister Hospital | 19 | Hereford County Hospital | 4 |
| Wrexham Maelor Hospital | 51 | The Whittington Hospital | 19 | Southern Highlands Cancer Centre | 4 |
| East Kent Hospitals NHS Foundation Trust | 51 | Darlington Memorial Hospital | 19 | Lake Macquarie Private Hospital | 4 |
| Guys Hospital | 51 | Stavanger Hospital, Norway | 19 | Ninewells Hospital, Dundee | 4 |
| Royal Devon and Exeter Hospital | 50 | University Hospital of North Norway, Norway | 19 | Ysbyty Gwynedd | 3 |
| Glan Clwyd Hospital | 50 | The Royal Glamorgan Hospital | 18 | Chesterfield Royal Hospital | 3 |
| Sahlgrenska University Hospital, Sweden (Coordinated by Norway) | 50 | Royal Derby Hospital | 17 | Queen's Hospital, Romford | 3 |
| Belfast City Hospital | 49 | Aberdeen Royal Infirmary | 17 | Haukeland University Hospital, Norway | 3 |
| Russells Hall Hospital | 48 | Worcestershire Royal Hospital | 16 | University Hospital Geelong | 3 |
| Luton and Dunstable University Hospital | 48 | Nordland Hospital, Norway | 16 | Royal Bolton Hospital | 3 |
| Derriford Hospital | 48 | Royal Cornwall Hospital | 15 | Sunshine Coast University Hospital | 3 |
| Maidstone Hospital | 48 | Bedford Hospital | 15 | Birmingham City Hospital | 2 |
| Forth Valley Hospital | 47 | Royal Hampshire County Hospital | 15 | Broomfield Hospital | 2 |
| St Margaret's Hospital | 47 | Western General Hospital | 15 | Alesund Hospital, Norway | 2 |
| New Victoria Hospital | 47 | Royal Gwent Hospital | 15 | Calvary Mater Newcastle | 2 |
| Torbay Hospital | 45 | Stepping Hill Hospital | 15 | Bendigo Hospital | 2 |
| Salisbury District Hospital | 45 | Weston General Hospital | 15 | Icon Cancer Centre Hobart | 2 |
| New Cross Hospital | 45 | Basildon University Hospital | 15 | Icon Cancer Centre Wesley | 2 |
| Frimley Park Hospital | 42 | Basingstoke and North Hampshire Hospital | 14 | St Vincent's Hospital Melbourne | 1 |
| Royal Free Hospital | 36 | Southend University Hospital | 14 | Victorian Breast & Oncology Care | 1 |
| Queen Elizabeth Hospital, Birmingham | 34 | St Mary's Hospital | 13 | Gosford Hospital | 1 |
| Medway Maritime Hospital | 33 | Hinchingbrooke Hospital | 13 | Orange Health Service | 1 |
| North Middlesex Hospital | 32 | Airedale General Hospital | 13 | Monash Health – Clayton | 1 |
| Churchill Hospital | 32 | Telemark Hospital, Norway | 13 | Prince of Wales Hospital | 1 |
| Royal United Hospital | 32 | Royal Surrey County Hospital | 12 | Mid North Coast Local Health District | 1 |
| Musgrove Park Hospital | 31 | Tameside General Hospital | 11 | Toowoomba Hospital | 1 |
| Royal Shrewsbury Hospital | 30 | University Hospital of North Tees | 10 | Royal Melbourne Hospital | 1 |
| Leighton Hospital | 30 | Prince Charles Hospital | 10 | | |