

# Newsletter December 2023

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



## Recruitment update:

In November, **42 new participants** were recruited into OPTIMA.

**Total recruitment to date: 4068**

OPTIMA Main - 3656 participants

OPTIMA prelim - 412 participants

## Recruitment countdown:

0 8 4 4

## OPTIMA Australia

We are so pleased to announce that OPTIMA is now open in **Australia!**

**Breast Cancer Trials (BCT)**, based in **Newcastle, Australia**, is one of the world's leading breast cancer research organisations and we are extremely excited to have them on board.

We are expecting **around 50 sites** to be opened throughout **Australia and New Zealand**.

Multiparameter testing is not available in Australia or New Zealand, so we're extremely excited to give these patients the opportunity to take part in this important trial.

## San Antonio Breast Cancer Symposium

The San Antonio Breast Cancer Symposium was held earlier this month, and OPTIMA held an informal meeting. Some of the team from BCT attended and it was great to catch up in person!

The photo shows Heath Badger and Soozy Smith (BCT) alongside Rob Stein, our OPTIMA chief investigator, and Janet Dunn from Warwick CTU.



Please join us in the New Year for two **'Lunch with OPTIMA'** sessions, focusing on a clinical update from Professor Andreas Makris following **SABCS** and **ESMO** conferences.

These will be taking place on **Tuesday 16th Jan** and **Friday 19th Jan**, at **12:30pm**. Dial in details will be circulated in due course.

## Christmas Timeline

A friendly reminder that the trials unit will be closed from 5pm on Friday 22nd December 2023, and will reopen on **Wednesday 3rd January 2024**.

The randomisation line will also be closed during this period.

## What 2024 will bring...

We are now entering our final year of recruitment within OPTIMA! We recently hit 80% recruitment, another huge milestone! We are looking forward to our first Australian recruitment in the new year.

On behalf of the whole OPTIMA trial team, thank you for all your hard work in support of the OPTIMA trial over the past year!

**We wish you a merry Christmas and a Happy New Year**

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L-R: Sam Careless, Emma Sherriff, Dom De Souza, Georgi Dotchin, Amy Broadfield, Michelle Davitt

Recruitment per recruiting Site  
(as of 20 December 2023)

Oslo University Hospital, Norway	137	Chase Farm Hospital	20
Velindre Cancer Centre	126	Norfolk & Norwich University Hospital	20
Blackpool Victoria Hospital	125	University College London Hospital	20
The Christie NHS Foundation Trust	97	University Hospital Crosshouse	20
University Hospitals of North Midlands NHS Trust	85	Lister Hospital	19
Bristol Haematology and Oncology Centre	83	The Whittington Hospital	19
Mount Vernon Cancer Centre	81	George Eliot Hospital	19
Royal Albert Edward Infirmary	81	Darlington Memorial Hospital	19
Beatson West of Scotland Cancer Centre	77	St George's Hospital	19
Addenbrooke's Hospital	73	University Hospital of North Norway, Norway	19
Ostfold Hospital, Norway	70	The Royal Glamorgan Hospital	17
Weston Park Hospital	68	Stavanger Hospital, Norway	17
University Hospital Coventry	65	Aberdeen Royal Infirmary	17
East Surrey Hospital	55	Worcestershire Royal Hospital	16
University Hospitals of Morecambe Bay	54	Royal Cornwall Hospital	15
Royal Alexandra Hospital	53	Royal Hampshire County Hospital	15
Macclesfield District Hospital	52	Western General Hospital	15
Wrexham Maelor Hospital	51	Royal Gwent Hospital	15
Peterborough City Hospital	51	Stepping Hill Hospital	15
East Kent Hospitals NHS Foundation Trust	51	Weston General Hospital	15
Guys Hospital	50	Basildon University Hospital	15
Royal Devon and Exeter Hospital	48	Royal Derby Hospital	15
Glan Clwyd Hospital	48	Bedford Hospital	14
Luton and Dunstable University Hospital	47	Basingstoke and North Hampshire Hospital	14
Derriford Hospital	47	Southend University Hospital	14
Maidstone Hospital	47	St Mary's Hospital	13
Sahlgrenska University Hospital, Sweden (Coordinated by Norway)	47	Hinchingbrooke Hospital	13
St Margaret's Hospital	46	Airedale General Hospital	13
Sorlandet Hospital, Norway	46	Nordland Hospital, Norway	13
Salisbury District Hospital	45	Royal Surrey County Hospital	11
Russells Hall Hospital	44	University Hospital of North Tees	10
New Cross Hospital	44	Prince Charles Hospital	10
Belfast City Hospital	44	Telemark Hospital, Norway	10
New Victoria Hospital	44	Northumbria Healthcare NHS Foundation Trust	9
Torbay Hospital	43	Worthing Hospital	9
Forth Valley Hospital	43	Royal Sussex County Hospital	9
Frimley Park Hospital	41	University Hospital Ayr	8
Hairmyres Hospital	38	King's Mill Hospital	8
Medway Maritime Hospital	33	Sunderland Royal Hospital	7
Royal United Hospital	32	Manchester University NHS Foundation Trust	7
North Middlesex Hospital	31	Stoke Mandeville Hospital	7
Musgrove Park Hospital	31	Dumfries and Galloway Royal Infirmary	6
Queen Elizabeth Hospital, Birmingham	31	Doncaster Royal infirmary	6
Churchill Hospital	31	Tameside General Hospital	6
Royal Shrewsbury Hospital	30	Ulster Hospital	5
Royal Free Hospital	29	Northern Lincolnshire and Goole NHS Foundation Trust	5
Southampton General Hospital	29	Wycombe Hospital	5
Barnet Hospital	28	Princess of Wales Hospital	5
Queen Elizabeth Hospital, Gateshead	28	Nottingham University Hospital	4
Leighton Hospital	28	East Sussex Healthcare NHS Trust	4
The Great Western Hospital	28	Kidderminster Hospital	4
The Queen Elizabeth Hospital, King's Lynn	27	Alexandra Hospital	4
Clatterbridge Cancer Centre	26	Ysbyty Gwynedd	3
Charing Cross Hospital	26	Chesterfield Royal Hospital	3
Inverclyde Royal Hospital	25	Queen's Hospital, Romford	3
York Hospital	25	Haukeland University Hospital, Norway	3
Milton Keynes University Hospital	25	St Olavs Hospital, Norway	3
Wishaw General Hospital	24	Hereford County Hospital	3
Queens Hospital, Burton upon Trent	22	Birmingham City Hospital	2
Bradford Royal Infirmary	22	Broomfield Hospital	2
Darent Valley Hospital	21	Alesund Hospital, Norway	1
Singleton Hospital	20		