

# Newsletter September 2023

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



## Recruitment update:

In August, **54 new participants** were recruited into OPTIMA.

## Total recruitment to date:

OPTIMA Main - 3526 participants

OPTIMA prelim - 412 participants

## 3500 OPTIMA Main Patients

We are excited to announce that in August we reached 3500 participants recruited to OPTIMA Main!

We could not have reached this milestone without the great work from all of our OPTIMA sites, across the UK and internationally, but a special congratulations goes to Dr Karen De Souza and the whole research team at The Whittington Hospital for recruiting our 3500th patient!

## OPTIMA International

International collaboration within OPTIMA has always been extremely exciting—Norway and Sweden continue to be great recruiters into OPTIMA, having recruited 10 patients last month. Oslo Hospital continues to be our top recruiting Site.

Site Initiation Meetings have begun taking place in Australia and New Zealand, and we're expecting to begin recruitment "down under" within the next few weeks.

Genomic testing is not available within Australia / New Zealand, so the OPTIMA trial will allow patients to have access to this.

The study will be managed by the Breast Cancer Trials team based in Newcastle (not that one!), and we're all very excited to get up and running!

You can find out more here:

<https://www.breastcancertrials.org.au/>

World-wide interest in OPTIMA continues to spread, with interest from various other countries such as Malaysia, Thailand and Pakistan.



We, of course, are also always grateful to all of our hard working UK sites. Without the support of all of our teams, throughout the world, we would not be where we are today.

## Lunch with OPTIMA

Our latest Lunch with OPTIMA session was held on **Thursday 28th September**.

## **Patient treatment preferences: a barrier or enabler to RCT?**

The session will be repeated on **Wednesday 4th October**.

Dial in details have been circulated via email.

*Please email us if you would like to join the session but have not received the details.*



## Welcome to Emma!

We're excited to welcome **Emma Sherriff** to the OPTIMA Team at WCTU.

Emma has been with us for a few months as a unitemp, and has now been appointed as our newest Data Clerk!



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Recruitment per recruiting Site  
(as of 25 September 2023)

Oslo University Hospital, Norway	131	Norfolk & Norwich University Hospital	19
Blackpool Victoria Hospital	123	University Hospital Crosshouse	19
Velindre Cancer Centre	120	George Eliot Hospital	19
The Christie NHS Foundation Trust	92	Darent Valley Hospital	19
University Hospitals of North Midlands NHS Trust	85	Darlington Memorial Hospital	19
Mount Vernon Cancer Centre	81	Singleton Hospital	18
Bristol Haematology and Oncology Centre	79	Chase Farm Hospital	18
Royal Albert Edward Infirmary	78	St George's Hospital	18
Beatson West of Scotland Cancer Centre	75	University Hospital of North Norway, Norway	18
Inverclyde Royal & Royal Alexandra Hospital	74	Royal Glamorgan Hospital	17
Addenbrooke's Hospital	73	Worcestershire Royal Hospital	16
University Hospital Coventry	65	Royal Cornwall Hospital	15
Ostfold Hospital, Norway	63	Royal Hampshire County Hospital	15
Weston Park Hospital	62	Western General Hospital	15
NHS Lanarkshire	60	Royal Gwent Hospital	15
University Hospitals of Morecambe Bay	52	Stepping Hill Hospital	15
Wrexham Maelor Hospital	51	Basildon University Hospital	15
Macclesfield District Hospital	51	Stavanger Hospital, Norway	15
Peterborough City Hospital	50	Aberdeen Royal Infirmary	15
East Kent Hospitals NHS Foundation Trust	50	Basingstoke and North Hampshire Hospital	14
East Surrey Hospital	50	Royal Derby Hospital	14
Royal Devon and Exeter Hospital	48	Southend University Hospital	14
Glan Clwyd Hospital	48	St Mary's Hospital	13
Derriford Hospital	47	Hinchingbrooke Hospital	13
Luton and Dunstable University Hospital	46	Weston General Hospital	13
St Margaret's Hospital	46	Nordland Hospital, Norway	13
Maidstone Hospital	46	Bedford Hospital	12
Salisbury District Hospital	45	Airedale General Hospital	12
Sorlandet Hospital, Norway	45	University Hospital of North Tees	10
New Cross Hospital	44	Prince Charles Hospital	10
Russells Hall Hospital	43	Telemark Hospital, Norway	10
Torbay Hospital	43	Royal Surrey County Hospital	10
Guys Hospital	42	Northumbria Healthcare NHS Foundation Trust	9
Sahlgrenska University Hospital, Sweden (Coordinated by Norway)	42	Royal Sussex County Hospital	9
Forth Valley Hospital	41	University Hospital Ayr	8
New Victoria Hospital	40	King's Mill Hospital	8
Frimley Park Hospital	39	Worthing Hospital	8
Belfast City Hospital	37	Sunderland Royal Hospital	7
Medway Maritime Hospital	33	Manchester University NHS Foundation Trust	7
North Middlesex Hospital	31	Stoke Mandeville Hospital	7
Musgrove Park Hospital	31	Dumfries and Galloway Royal Infirmary	6
Queen Elizabeth Hospital, Birmingham	31	Doncaster Royal infirmary	6
Royal United Hospital	31	Ulster Hospital	5
Royal Shrewsbury Hospital	30	Northern Lincolnshire and Goole NHS Foundation Trust	5
Royal Free Hospital	29	Princess of Wales Hospital	5
Southampton General Hospital	29	Tameside General Hospital	5
Churchill Hospital	28	Nottingham University Hospital	4
Leighton Hospital	28	East Sussex Healthcare NHS Trust	4
Great Western Hospital	28	Kidderminster Hospital	4
Barnet Hospital	27	Ysbyty Gwynedd	3
Queen Elizabeth Hospital, Gateshead	27	Chesterfield Royal Hospital	3
Queen Elizabeth Hospital, King's Lynn	27	Alexandra Hospital	3
Clatterbridge Cancer Centre	26	Queen's Hospital, Romford	3
York Hospital	25	Haukeland University Hospital, Norway	3
Milton Keynes University Hospital	22	Wycombe Hospital	3
Bradford Royal Infirmary	22	Hereford County Hospital	3
Charing Cross Hospital	22	Birmingham City Hospital	2
Queens Hospital, Burton upon Trent	21	Broomfield Hospital	2
University College London Hospital	20	St Olavs Hospital, Norway	2
Lister Hospital	19	Alesund Hospital, Norway	1
Whittington Hospital	19		