

Newsletter September 2022

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Total recruitment: 3382

OPTIMA Main - 2971 participants

OPTIMA prelim - 412 participants

We're less than 30 participants away from reaching our next milestone!

Over the next few weeks we expect to hit **3,000** patients randomised into OPTIMA Main. This will take us up to 2/3 of our target recruitment, which is a massive achievement.

We could not do this without the support of all of our recruiting Sites throughout the UK, Norway and Sweden, so

THANK YOU.

Form completion guidance

When completing any paperwork for OPTIMA, check if there is any **completion guidance** within the document to help you... this is **normally located on the back page of the case report form (CRF)**.

On most CRFs (including the **Tissue Transit form**) we have provided some guidance which will hopefully help reduce the number of queries.

Do always get in touch if you need any help with any of the OPTIMA paperwork. We are always happy to assist!

Each patient recruited takes us one step closer to answering our important research question, and will help pave the way for future treatment decisions.

Recruitment Tip of the Month:

Being mindful of patients' desire to help others

Many factors combine to motivate an eligible patient to take part in OPTIMA, one of which may be a desire to shape how patients with breast cancer are treated in the future:

"Well in my mind why wouldn't I volunteer for a study if it - it might help me and whatever the results are it's definitely going to help people after me." (OPTIMA patient interview)

Annual Follow-up Forms

Don't forget to complete an annual follow-up form each year, for all patients.



These should be completed on the anniversary of Trial Entry, for both OPTIMA Main and OPTIMA prelim patients, and sent to WCTU via post or email.

Top Recruiting Sites of 2022 so far!

Blackpool Victoria Hospital	25
Oslo University Hospital, Norway	25
Velindre Cancer Centre	19
New Cross Hospital	12
Guys Hospital	12
Ostfold Hospital, Norway	11
Sahlgrenska University Hospital, Sweden	11
Beatson West of Scotland Cancer Centre	10
Royal Albert Edward Infirmary	10
Sorlandet Hospital, Norway	10

OPTIMA Website

Don't forget that the OPTIMA website provides useful information for both you and your patients.

Resources include the Patient Information Sheet and OPTIMA animated video.

Go to optimabreaststudy.com

OPTIMA office: 02476 151948 optima@warwick.ac.uk | QRS: 01179 287296 carmel.conefrey@bristol.ac.uk

Recruitment per recruiting Site

(up to 27 September 2022)

Oslo University Hospital, Norway	94	NHS Ayrshire and Arran	19
Velindre Cancer Centre	92	Queens Hospital, Burton upon Trent	19
Blackpool Victoria Hospital	89	Bradford Royal Infirmary	17
University Hospitals of North Midlands NHS Trust	79	George Eliot Hospital	17
The Christie NHS Foundation Trust	74	Norfolk & Norwich University Hospital	17
Bristol Haematology and Oncology Centre	72	St George's Hospital	17
Beatson West of Scotland Cancer Centre	70	Royal Glamorgan Hospital	16
Mount Vernon Cancer Centre	69	Royal Gwent Hospital	15
Royal Albert Edward Infirmary	67	Stepping Hill Hospital	15
Addenbrooke's Hospital	66	Basingstoke and North Hampshire Hospital	14
University Hospital Coventry	63	Royal Cornwall Hospital	14
Inverclyde Royal and Royal Alexandra Hospitals	59	Western General Hospital	14
NHS Lanarkshire	55	Chase Farm Hospital	13
Weston Park Hospital	50	Royal Derby Hospital	13
Ostfold Hospital, Norway	48	Stavanger Hospital, Norway	13
East Kent Hospitals NHS Foundation Trust	47	University Hospital of North Norway, Norway	13
Peterborough City Hospital	47	Basildon University Hospital	12
University Hospitals of Morecambe Bay	47	Charing Cross Hospital	12
Wrexham Maelor Hospital	46	Royal Hampshire County Hospital	12
Glan Clwyd Hospital	45	St Mary's Hospital	12
Derriford Hospital	44	Weston General Hospital	12
East Surrey Hospital	43	Worcestershire Royal Hospital	12
Luton and Dunstable University Hospital	43	Hinchingbrooke Hospital	11
Macclesfield District Hospital	43	Southend University Hospital	11
Royal Devon and Exeter Hospital	43	Airedale General Hospital	10
Maidstone Hospital	42	Bedford Hospital	10
St Margaret's Hospital	40	University Hospital of North Tees	10
Salisbury District Hospital	39	Whittington Hospital	10
Torbay Hospital	39	Northumbria Healthcare NHS Foundation Trust	9
Forth Valley Hospital	37	Prince Charles Hospital	9
New Cross Hospital	37	Singleton Hospital	9
Russells Hall Hospital	36	Aberdeen Royal Infirmary	8
Sorlandet Hospital, Norway	32	King's Mill Hospital	8
Royal Shrewsbury Hospital	30	Nordland Hospital, Norway	8
Frimley Park Hospital	29	Worthing Hospital	8
Medway Maritime Hospital	29	Royal Surrey County Hospital	7
Southampton General Hospital	29	Sunderland Royal Hospital	7
Churchill Hospital	28	Dumfries and Galloway Royal Infirmary	6
North Middlesex Hospital	28	Doncaster Royal infirmary	5
Queen Elizabeth Hospital, Birmingham	28	Northern Lincolnshire and Goole NHS Foundation Trust	5
Belfast City Hospital	27	Princess of Wales Hospital	5
Musgrove Park Hospital	27	East Sussex Healthcare NHS Trust	4
New Victoria Hospital	27	Kidderminster Hospital	4
Royal United Hospital	27	Nottingham University Hospital	4
Clatterbridge Cancer Centre	26	Pennine Acute Hospitals	4
Queen Elizabeth Hospital, Gateshead	26	Royal Sussex County Hospital	4
Sahlgrenska University Hospital, Sweden	25	Stoke Mandeville Hospital	4
Barnet Hospital	24	Telemark Hospital, Norway	4
Great Western Hospital	24	Chesterfield Royal Hospital	3
Leighton Hospital	24	Haukeland University Hospital, Norway	3
Queen Elizabeth Hospital, King's Lynn	24	Queen's Hospital, Romford	3
Royal Free Hospital	23	Ulster Hospital	3
Guys Hospital	22	Ysbyty Gwynedd	3
Milton Keynes University Hospital	22	Alexandra Hospital	2
York Hospital	21	Birmingham City Hospital	2
University College London Hospital	20	Broomfield Hospital	2
Darent Valley Hospital	19	Tameside General Hospital	2
Darlington Memorial Hospital	19	Wycombe Hospital	2
Lister Hospital	19		