

**Total recruitment: 3218**

**OPTIMA Main - 2806 participants**

**OPTIMA prelim - 412 participants**

In May, we had our **highest recruitment rate** since pre-pandemic.

An amazing **67 participants** joined the trial— this is a fantastic achievement

**52 UK participants**

**15 International Participants**

Thank you to all of our hardworking teams for your ongoing support.

A huge thank you to the **175** people who attended our **'OPTIMA Investigator Meeting'** on Tuesday 21st June 2022.

We hope you found it useful!

The slides can be found on the OPTIMA website:

<https://optimabreaststudy.com/optima-sites/recruiter-training-and-support.php>

Don't forget to fill in your **feedback form** (available via the link above) to get your **attendance certificate** with **CPD accreditation**.

## **Recruitment tip of the month: Let patients decide about research participation**

If a patient is eligible for a study, the clear and powerful message from patient advocates is to provide them with the information, have a conversation – **let the patient decide**.

## **Annual Follow Up Forms**

A friendly reminder to send us your Annual Follow Up forms, which are due annually from date of trial entry. This is the case for OPTIMA Prelim and OPTIMA Main participants.



## **Stratification**

Within OPTIMA, we stratify by the following variables:

- ⇒ Chemotherapy regimen
- ⇒ Number of involved nodes\*
- ⇒ Histological grade
- ⇒ Tumour size (≥ 30mm vs. < 30mm)
- ⇒ Menopausal status

These data items are critical for the outcome of the trial.

This information is recorded on the Randomisation CRF (Form #2), please ensure that these items are accurate before you randomise the patient.

**\*NB:** If the patient has **NOT** had an axillary clearance, they should be randomised as either:

- Positive sentinel node biopsy with macrometastases and **no axillary clearance** or
- Positive sentinel node biopsy with micrometastases and **no axillary clearance**

regardless of the number of involved nodes.

Do not report them as 1-3 positive nodes with an axillary clearance, unless a clearance occurred.

***Thank you.***



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# Recruitment per recruiting Site

(up to 28 June 2022)



Velindre Cancer Centre	85	Norfolk & Norwich University Hospital	17
Oslo University Hospital, Norway	81	George Eliot Hospital	17
Blackpool Victoria Hospital	80	Darent Valley Hospital	17
University Hospitals of North Midlands NHS Trust	76	Royal Glamorgan Hospital	16
Inverclyde and Royal Alexandra Hospitals	73	Royal Gwent Hospital	15
The Christie NHS Foundation Trust	72	Stepping Hill Hospital	15
Bristol Haematology and Oncology Centre	71	Bradford Royal Infirmary	15
Mount Vernon Cancer Centre	68	Guys Hospital	15
Beatson West of Scotland Cancer Centre	66	St George's Hospital	15
Addenbrooke's Hospital	64	Royal Cornwall Hospital	14
Royal Albert Edward Infirmary	63	Basingstoke and North Hampshire Hospital	14
University Hospital Coventry	60	Chase Farm Hospital	13
NHS Lanarkshire	54	Western General Hospital	13
Weston Park Hospital	47	Royal Derby Hospital	13
Wrexham Maelor Hospital	45	St Mary's Hospital	12
Peterborough City Hospital	44	University Hospital Crosshouse	12
East Kent Hospitals NHS Foundation Trust	44	Worcestershire Royal Hospital	12
Ostfold Hospital, Norway	44	University Hospital of North Norway, Norway	12
Glan Clwyd Hospital	43	Royal Hampshire County Hospital	11
Derriford Hospital	43	Weston General Hospital	11
Royal Alexandra Hospital	42	Bedford Hospital	10
Luton and Dunstable University Hospital	42	Hinchingbrooke Hospital	10
Macclesfield District Hospital	42	University Hospital of North Tees	10
University Hospitals of Morecambe Bay	42	Airedale General Hospital	10
Maidstone Hospital	41	Stavanger Hospital, Norway	10
Royal Devon and Exeter Hospital	39	Charing Cross Hospital	10
St Margaret's Hospital	38	Whittington Hospital	9
Salisbury District Hospital	37	Northumbria Healthcare NHS Foundation Trust	9
East Surrey Hospital	37	Basildon University Hospital	9
Torbay Hospital	36	Singleton Hospital	8
Forth Valley Hospital	34	Prince Charles Hospital	8
Royal Shrewsbury Hospital	30	King's Mill Hospital	8
Sorlandet Hospital, Norway	30	Worthing Hospital	8
Russells Hall Hospital	29	Sunderland Royal Hospital	7
New Cross Hospital	29	Southend University Hospital	7
Queen Elizabeth Hospital, Birmingham	28	Nordland Hospital, Norway	7
Musgrove Park Hospital	27	Dumfries and Galloway Royal Infirmary	6
Churchill Hospital	27	Aberdeen Royal Infirmary	6
Southampton General Hospital	27	Royal Surrey County Hospital	6
North Middlesex Hospital	26	Northern Lincolnshire and Goole NHS Foundation	5
Medway Maritime Hospital	26	Nottingham University Hospital	4
Clatterbridge Cancer Centre	26	Pennine Acute Hospitals	4
Queen Elizabeth Hospital, Gateshead	25	University Hospital Ayr	4
Frimley Park Hospital	25	East Sussex Healthcare NHS Trust	4
Royal United Hospital	24	Kidderminster Hospital	4
New Victoria Hospital	24	Doncaster Royal infirmary	4
Barnet Hospital	23	Princess of Wales Hospital	4
Great Western Hospital	23	Ysbyty Gwynedd	3
Milton Keynes University Hospital	22	Chesterfield Royal Hospital	3
Queen Elizabeth Hospital, King's Lynn	22	Ulster Hospital	3
Leighton Hospital	22	Queen's Hospital, Romford	3
York Hospital	21	Haukeland University Hospital, Norway	3
Sahlgrenska University Hospital, Sweden	21	Stoke Mandeville Hospital	3
Royal Free Hospital	20	Birmingham City Hospital	2
University College London Hospital	20	Broomfield Hospital	2
Belfast City Hospital	20	Alexandra Hospital	2
Darlington Memorial Hospital	19	Wycombe Hospital	2
Lister Hospital	18	Telemark Hospital, Norway	2
Queens Hospital, Burton upon Trent	18		

