

Newsletter April 2022

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update:

In March, **54 new participants** were recruited into OPTIMA.

Total recruitment to date: 3108

OPTIMA Main - 2696 participants

OPTIMA prelim - 412 participants

Recruitment tip of the month: Conveying belief in OPTIMA

*"I am very happy for you to be entered into OPTIMA and to follow the treatment that you would get given whatever that may be.
(Oncologist)"*

Letting your patient know that you are happy for the decision about chemotherapy to be determined through participation in the OPTIMA study, may help patients in their decision-making. Making a clear statement shows your belief in the study and this may reassure your patient.



NEW DATE!

OPTIMA Investigator Meeting

The next OPTIMA Investigator Meeting will now be held on

Tuesday 21st June 2022

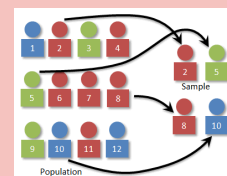
This will be a half day (morning) meeting held remotely. Programme and Teams invitations will be circulated shortly but please make a note of the date. We hope as many of you as possible will be able to join.



OPTIMA Stratification Variables

Within OPTIMA, we stratify by the following variables:

- Chemotherapy regimen
- Number of involved nodes
- Histological grade
- Tumour size
- Menopausal status



This information is recorded on the Randomisation CRF (Form #2)

These data items are **critical** for the outcome of the trial so please ensure that these items are accurate **before** you randomise the patient.

Form completion guidance

When completing any paperwork for OPTIMA, check if there is any **completion guidance** within the document to help you... this is **normally located on the back page of the care report form (CRF)**.

On most CRFs (including the **Tissue Transit form**) we have provided some guidance which will hopefully help reduce the number of queries.

Do always get in touch if you need any help with any of the OPTIMA paperwork. We are always happy to assist!



Contact Us

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Recruitment per recruiting Site *

Velindre Cancer Centre	80	George Eliot Hospital	17
Oslo University Hospital, Norway	79	Norfolk & Norwich University Hospital	17
Blackpool Victoria Hospital	76	Queens Hospital, Burton upon Trent	17
University Hospitals of North Midlands NHS Trust	76	NHS Ayrshire and Arran	16
Bristol Haematology & Oncology Centre	69	Royal Glamorgan Hospital	16
The Christie NHS Foundation Trust	69	Bradford Royal Infirmary	15
Mount Vernon Cancer Centre	67	Royal Gwent Hospital	15
Beatson West of Scotland Cancer Centre	65	St George's Hospital, London	15
Addenbrooke's Hospital	64	Stepping Hill Hospital	15
Royal Albert Edward Infirmary	63	Basingstoke and North Hampshire Hospital	14
University Hospital Coventry	59	Royal Cornwall Hospital	14
Inverclyde Royal & Royal Alexandra Hospital	54	Chase Farm Hospital	13
NHS Lanarkshire	54	Guys Hospital	13
Weston Park Hospital	46	Royal Derby Hospital	13
Wrexham Maelor Hospital	45	Western General Hospital	13
Peterborough City Hospital	44	St Mary's Hospital, IOW	12
East Kent Hospitals NHS Foundation Trust	43	Worcestershire Royal Hospital	12
Glan Clwyd Hospital	43	Royal Hampshire County Hospital	11
Derriford Hospital	42	University Hospital of North Norway, Norway	11
University Hospitals of Morecambe Bay	42	Bedford Hospital	10
Luton and Dunstable University Hospital	41	Charing Cross Hospital	10
Ostfold Hospital, Norway	41	Hinchingbrooke Hospital	10
Royal Devon and Exeter Hospital	39	University Hospital of North Tees	10
Macclesfield District Hospital	38	Weston General Hospital	10
Maidstone Hospital	38	Airedale General Hospital	9
The Princess Alexandra Hospital NHS Trust	37	Basildon University Hospital	9
Surrey and Sussex Healthcare NHS Trust	36	Northumbria Healthcare NHS Foundation Trust	9
Torbay Hospital	36	Stavanger Hospital, Norway	9
Salisbury District Hospital	35	Whittington Hospital	9
Forth Valley Hospital	34	King's Mill Hospital	8
Royal Shrewsbury Hospital	30	Prince Charles Hospital	8
Russells Hall Hospital	29	Singleton Hospital	8
New Cross Hospital, Wolverhampton	28	Worthing Hospital	8
Queen Elizabeth Hospital, Birmingham	28	Sunderland Royal Hospital	7
Sorlandet Hospital, Norway	28	Aberdeen Royal Infirmary	6
Musgrove Park Hospital	27	Dumfries and Galloway Royal Infirmary	6
Churchill Hospital	26	Southend University Hospital	6
Clatterbridge Cancer Centre	26	Northern Lincolnshire and Goole	5
Medway Maritime Hospital	25	Royal Surrey County Hospital	5
North Middlesex Hospital	25	Doncaster Royal infirmary	4
Queen Elizabeth Hospital, Gateshead	25	East Sussex Healthcare NHS Trust	4
Southampton General Hospital	25	Kidderminster Hospital	4
Frimley Park Hospital	24	Nordland Hospital, Norway	4
Barnet Hospital	23	Nottingham University Hospital	4
Great Western Hospital	23	Pennine Acute Hospitals	4
New Victoria Hospital	23	Princess of Wales Hospital	4
Leighton Hospital	22	Chesterfield Royal Hospital	3
Milton Keynes University Hospital	22	Haukeland University Hospital, Norway	3
Queen Elizabeth Hospital, King's Lynn	22	Queen's Hospital, Romford	3
Royal United Hospital	22	Ulster Hospital	3
York Hospital	21	Ysbyty Gwynedd	3
Belfast City Hospital	20	Alexandra Hospital	2
Royal Free Hospital	20	Birmingham City Hospital	2
University College London Hospital	20	Broomfield Hospital	2
Darlington Memorial Hospital	19	Stoke Mandeville Hospital	2
Lister Hospital	18	Wycombe Hospital	2
Sahlgrenska University Hospital, Sweden	18	Telemark Hospital, Norway	1
Darent Valley Hospital	17		

* to end of 26/04/22