

Newsletter October 2021

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update:

In September, **51 new participants** were recruited into OPTIMA.

Total recruitment to date: 2832

OPTIMA Main - 2420 participants

OPTIMA prelim - 412 participants

Thank you all for your support!

We've had a great few months of recruitment, which is massively reassuring. We are proud to have been able to continue to offer the OPTIMA trial to eligible patients throughout the pandemic, but with winter just around the corner we understand that some Sites may need to reprioritise resource again.

The OPTIMA trial will remain open throughout any upcoming challenges and the team will continue to provide any support we can.

OPTIMA is a patient driven study which could help patients avoid chemotherapy, if they are unlikely to benefit from it.

Please continue to offer OPTIMA to any eligible patients, where possible. It is important that patients have the choice to take part.

Recruitment Tip of the Month: Signposting patients to the OPTIMA website for supporting information

Building on what you discuss in clinic, the [OPTIMA website](#) has lots of useful information for patients including the [Patient Information Sheet](#), access to the [OPTIMA animation](#) and other information about breast cancer. Findings from interviews with patients show that patients were positive about the PIS, finding it a useful reference document that they could work through in their own time and space. The web address for the OPTIMA website is on the PIS.



Patient identifiable data and Redaction

Recently, we have been receiving a lot of emails which contain Patient identifiable data. Most of these have been sent to us in error—i.e. Forwarding on an email from a colleague. While we appreciate that it does happen, we would like to remind you to please take extra care when forwarding on emails to the CTU team.

Proper redaction is important to ensure that we remain compliant with the protocol and, more importantly, to protect participants' interest.

Any unredacted patient information will be recorded as a Protocol Violation. This includes any emails sent to us, as well as all trial documentation such as pathology reports.

Many thanks for your understanding and ongoing support.

Join us for Lunch!

We have had a great turn out for our recent **Lunch with OPTIMA** sessions and are looking forward to the next session on:

Tuesday 2nd November

12:30—13:30

If there is anything you would like us to focus a session around, please do let us know.

We are keen to make sure that these sessions are informative and helpful, so please get in touch!

OPTIMA office 02476 151948 optima@warwick.ac.uk

QRS 01179 287296 carmel.conefrey@bristol.ac.uk

Recruitment per recruiting Site

University Hospitals of North Midlands NHS Trust	71	Norfolk & Norwich University Hospital	16
Velindre Cancer Centre	68	Bradford Royal Infirmary	15
Oslo University Hospital (Norway)	65	George Eliot Hospital, Nuneaton	15
Addenbrooke's Hospital	64	Queens Hospital, Burton upon Trent	15
Bristol Haematology & Oncology Centre	64	Royal Glamorgan Hospital	15
Blackpool Victoria Hospital	63	Royal Gwent Hospital	15
Mount Vernon Cancer Centre	63	Stepping Hill Hospital	15
The Christie	63	Basingstoke and North Hampshire Hospital	14
Beatson West of Scotland Cancer Centre	57	Royal Cornwall Hospital	14
Royal Albert Edward Infirmary, Wigan	56	Chase Farm Hospital, Enfield (RFL)	13
University Hospital Coventry	56	University College London Hospital	13
NHS Lanarkshire	54	Western General Hospital, Edinburgh	13
Inverclyde and Royal Alexandra Hospitals	51	NHS Ayrshire and Aran	12
Peterborough City Hospital	43	Sahlgrenska University Hospital (Sweden)	12
Luton and Dunstable University Hospital	39	St Mary's Hospital, Isle of Wight	12
Weston Park Hospital, Sheffield	39	Royal Hampshire County Hospital, Winchester	11
Wrexham Maelor Hospital, Wrexham	39	St George's Hospital, London	11
East Kent Hospitals NHS Foundation Trust	38	Bedford Hospital	10
Royal Devon and Exeter Hospital	38	Charing Cross, London	10
University Hospitals of Morecambe Bay	37	Guys Hospital	10
Glan Clwyd Hospital, Bodelwyddan	36	University Hospital of North Tees, Stockton-on-Tees	10
Ostfold Hospital, Kalnes (Norway)	35	Worcestershire Royal Hospital	10
Derriford Hospital, Plymouth	34	Airedale General Hospital, Keighley	9
Surrey and Sussex Healthcare NHS Trust	34	Northumbria Healthcare NHS Foundation Trust	9
Macclesfield District Hospital	33	King's Mill Hospital	8
Maidstone Hospital	33	University Hospital of North Norway	8
The Princess Alexandra Hospital NHS Trust	33	Weston General Hospital, Weston Super Mare	8
Torbay Hospital	33	Whittington Hospital, London	8
Salisbury District Hospital	32	Basildon University Hospital	7
Forth Valley Hospital	31	Hinchingbrooke Hospital, Huntingdon	7
Royal Shrewsbury Hospital	30	Prince Charles Hospital, Merthyr Tydfil	7
Musgrove Park Hospital, Taunton	27	Royal Derby Hospital	7
Russells Hall Hospital, Dudley	27	Sunderland Royal Hospital	7
Churchill Hospital, Oxford	26	Worthing Hospital	7
Clatterbridge Cancer Centre	26	Dumfries and Galloway Royal Infirmary	6
Queen Elizabeth Hospital, Birmingham	25	Stavanger Hospital (Norway)	6
New Cross Hospital, Wolverhampton	24	Northern Lincolnshire and Goole	5
Frimley Park Hospital, Surrey	23	Southend University Hospital	5
Great Western Hospital, Swindon	23	East Sussex Healthcare NHS Trust	4
New Victoria Hospital, Glasgow	23	Kidderminster Hospital	4
Queen Elizabeth Hospital, Gateshead	23	Nottingham University Hospital	4
Milton Keynes University Hospital	22	Pennine Acute Hospitals, North Manchester	4
North Middlesex Hospital	22	Singleton Hospital, Swansea	4
Barnet Hospital (RFL)	21	Aberdeen Royal Infirmary	3
Sorlandet Hospital, Kristiansand (Norway)	21	Chesterfield Royal Hospital	3
Medway Maritime Hospital, Gillingham	20	Haukeland University Hospital (Norway)	3
Royal United Hospital, Bath	20	Queen's Hospital, Romford	3
Southampton General Hospital	20	Royal Surrey County Hospital	3
Belfast City Hospital	19	Ulster Hospital	3
Darlington Memorial Hospital	19	Ysbyty Gwynedd, Bangor	3
Lister Hospital	18	Alexandra Hospital, Redditch	2
Queen Elizabeth Hospital, King's Lynn	18	Birmingham City Hospital	2
Royal Free Hospital	18	Broomfield Hospital	2
Leighton Hospital	17	Doncaster Royal infirmary	2
York Hospital	17	Stoke Mandeville Hospital	2
Darent Valley Hospital, Dartford	16	Wycombe Hospital	1