



Recruitment update:

In June, 60 new participants were recruited into OPTIMA.

Total recruitment to date: 2679

OPTIMA Main - 2267 participants

OPTIMA prelim - 412 participants

Completing the Tissue Transit Form



Completion of the Tissue Transit form is limited to medically qualified trial investigators or pathologists who are a member of the breast multidisciplinary team.

We appreciate that interpreting pathology reports can be very difficult and it is critical that the information on these

forms is accurate— incorrect information could lead to insufficient patient care—this is why completion of the form must be checked and signed by either an investigator or pathologist.

Please also remember to send a copy of the Tissue Transit form to WCTU via email before posting with the sample to HSL-AD.

Please refer to the completion guide on the back of the Tissue Transit form for more information

Recruitment Tip of the Month: Setting out the rationale for OPTIMA early on

When talking with eligible patients, setting out the rationale for the study early in the conversation can help the patient to make sense of why we are doing OPTIMA. This is a foundation for then going on to talk about what's involved in taking part. Here's an example of how one recruiter set out the study rationale:

"We know it's a hormone sensitive cancer because we do a test on the tumour that says it's hormone sensitive [...] What we would really like to have is a test [...] to see if it's a chemosensitive tumour- because not all tumours are."

Case Report Form (CRF) Completion Guidance

When completing any paperwork for OPTIMA, please check if there is any completion guidance within the document to help you.



This is normally located on the back page of the CRF.

On most CRF's (including the Tissue Transit Form) guidance is provided which will hopefully help reduce the number of queries. Do get in touch if you need any help with the OPTIMA paperwork, we are always very happy to assist!

E-mailing OPTIMA: Subject Headers

When you are e-mailing us regarding a participant please can you make sure that the four digit trial number is included in the subject header. This will help to ensure your message is directed to the correct team member. Many thanks :)



OPTIMA Animated Patient Video

Please remember to share the OPTIMA animated video with your patients. We have designed it to accompany the full written Patient Information Sheet. Only a click away [OPTIMA \(optimabreaststudy.com\)](https://www.optimabreaststudy.com)

Recruitment per recruiting Site (up to 21 July 2021)

University Hospitals of North Midlands NHS Trust	68	Queen Elizabeth Hospital, King's Lynn	16
Velindre Cancer Centre	63	George Eliot Hospital, Nuneaton	15
Addenbrooke's Hospital	62	Royal Glamorgan Hospital	15
Bristol Haematology & Oncology Centre	62	Royal Gwent Hospital	15
Mount Vernon Cancer Centre	62	Stepping Hill Hospital	15
The Christie	59	Basingstoke and North Hampshire Hospital	14
Blackpool Victoria Hospital	58	Bradford Royal Infirmary	14
Oslo University Hospital (Norway)	57	Queens Hospital, Burton upon Trent	14
Beatson West of Scotland Cancer Centre	53	Royal Cornwall Hospital	14
University Hospital Coventry	53	Western General Hospital, Edinburgh	13
Royal Albert Edward Infirmary, Wigan	51	St Mary's Hospital, Isle of Wight	12
NHS Lanarkshire	49	University College London Hospital	12
Inverclyde and Royal Alexandra Hospitals	47	Chase Farm Hospital, Enfield (RFL)	11
Peterborough City Hospital	42	NHS Ayrshire and Aran	11
Wrexham Maelor Hospital, Wrexham	37	Sahlgrenska University Hospital (Sweden)	11
Weston Park Hospital, Sheffield	36	St George's Hospital, London	11
East Kent Hospitals NHS Foundation Trust	35	Guys Hospital	10
Luton and Dunstable University Hospital	35	Royal Hampshire County Hospital, Winchester	10
Royal Devon and Exeter Hospital	35	University Hospital of North Tees, Stockton-on-Tees	10
University Hospitals of Morecambe Bay	34	Worcestershire Royal Hospital	10
Glan Clwyd Hospital, Bodelwyddan	33	Airedale General Hospital, Keighley	9
Derriford Hospital, Plymouth	32	Northumbria Healthcare NHS Foundation Trust	9
The Princess Alexandra Hospital NHS Trust	32	Bedford Hospital	8
Torbay Hospital	32	Charing Cross, London	8
Macclesfield District Hospital	31	King's Mill Hospital	8
Maidstone Hospital	31	Hinchingbrooke Hospital, Huntingdon	7
Ostfold Hospital, Kalnes (Norway)	31	Prince Charles Hospital, Merthyr Tydfil	7
Salisbury District Hospital	31	Sunderland Royal Hospital	7
Surrey and Sussex Healthcare NHS Trust	31	University Hospital of North Norway	7
Forth Valley Hospital	30	Weston General Hospital, Weston Super Mare	7
Royal Shrewsbury Hospital	30	Whittington Hospital, London	7
Musgrove Park Hospital, Taunton	26	Stavanger Hospital (Norway)	6
Churchill Hospital, Oxford	25	Basildon University Hospital	5
Russells Hall Hospital, Dudley	25	Dumfries and Galloway Royal Infirmary	5
Queen Elizabeth Hospital, Birmingham	24	Northern Lincolnshire and Goole	5
Clatterbridge Cancer Centre	23	Royal Derby Hospital	5
Queen Elizabeth Hospital, Gateshead	23	Worthing Hospital	5
Milton Keynes University Hospital	22	East Sussex Healthcare NHS Trust	4
New Cross Hospital, Wolverhampton	22	Nottingham University Hospital	4
Frimley Park Hospital, Surrey	21	Pennine Acute Hospitals, North Manchester	4
New Victoria Hospital, Glasgow	21	Chesterfield Royal Hospital	3
North Middlesex Hospital	21	Haukeland University Hospital (Norway)	3
Barnet Hospital (RFL)	20	Kidderminster Hospital	3
Royal United Hospital, Bath	20	Queen's Hospital, Romford	3
Sorlandet Hospital, Kristiansand (Norway)	20	Singleton Hospital, Swansea	3
Southampton General Hospital	20	Ulster Hospital	3
Darlington Memorial Hospital	19	Ysbyty Gwynedd, Bangor	3
Great Western Hospital, Swindon	19	Aberdeen Royal Infirmary	2
Medway Maritime Hospital, Gillingham	19	Birmingham City Hospital	2
Belfast City Hospital	18	Broomfield Hospital	2
Lister Hospital	18	Doncaster Royal infirmary	2
Leighton Hospital	17	Southend University Hospital	1
Royal Free Hospital	17	Alexandra Hospital, Redditch	1
York Hospital	17	Royal Surrey County Hospital	1
Darent Valley Hospital, Dartford	16	Wycombe Hospital	1
Norfolk & Norwich University Hospital	16		