

Recruitment update

We now have a total of **175** participants recruited into OPTIMA.

Recruitment has started well in September, please continue to screen and approach all suitable patients.

Well done to the following sites who recruited their first patients into the study in August:



East Kent University Hospitals
Milton Keynes University Hospital
Norfolk and Norwich University Hospital
St Margaret's Hospital, Epping
Torbay Hospital



University Hospital Coventry are the top recruiter, having randomised the most participants.

Blackpool Victoria Hospital are once again 'recruiters of the month', randomising 3 patients in August!

Recruitment tip of the month:

Leading on uncertainty about the benefit of chemotherapy

Remember that conducting an OPTIMA recruitment appointment is likely to be different to what you might do in your routine clinical practice.

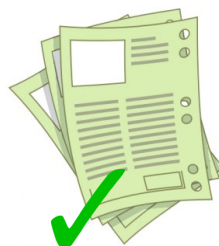
Articulate uncertainty about the benefit of chemotherapy **up front** to help to avoid confusion later on. This can provide a helpful platform for explaining the rationale for OPTIMA.

Set out both the **potential benefits and side effects of chemotherapy**, and explain that it is currently difficult to predict which patients are likely to benefit from it and which are not.

With uncertainty established, you can talk about **OPTIMA** and how it is trying to find out if a test called Prosigna can safely identify if a patient is likely to benefit from chemotherapy or not.

Pathology Reports

When sending tumour block to the OPTIMA central laboratory please remember to include anonymised copies of **all** pathology reports relevant to the diagnosis and management of breast cancer.



This includes the **core biopsy** report, which is most likely to be the sample on which ER and HER2 status have been determined, and reports of any **axillary surgery**.

Remember to add the participant's trial number to all reports.

In addition to enclosing these reports with the tumour block please remember to also send a copy of these documents to the trial office, as we are based at a different location to the lab.

11-day turn-around

Median time from randomisation to treatment allocation is currently 11 calendar days (interquartile range 9-13 days; range 3-27 days).

65 SITES OPEN

49 SITES RECRUITING

Please see overleaf for a list of sites that have recruited patients so far

Recruitment per site

(Information correct as of 20/09/2017)	Patients randomised
University Hospital Coventry	18
Blackpool Victoria Hospital	12
Mount Vernon Hospital	11
Addenbrooke's Hospital	10
University Hospitals of North Midlands	9
Luton and Dunstable University Hospital	7
Barnet Hospital	6
NHS Lanarkshire	6
Wrexham Maelor Hospital, Wrexham	6
Bristol Haematology & Oncology Centre	5
Macclesfield District Hospital	5
Russells Hall Hospital, Dudley	5
Peterborough City Hospital	4
Royal Alexandra Hospital, Paisley	4
Salisbury District Hospital	4
Glan Clwyd Hospital, Bodelwyddan	3
Lister Hospital	3
Norfolk & Norwich University Hospital	3
Pennine Acute Hospitals	3
Royal Devon and Exeter Hospital	3
Royal Free Hospital	3
The Christie	3
University Hospital of North Tees	3
Beatson West of Scotland Cancer Centre	2
Bedford Hospital	2
City Hospital, Birmingham	2
Chesterfield Royal Hospital	2
Inverclyde Royal Hospital	2
New Cross Hospital, Wolverhampton	2
Nottingham University Hospital	2
Queen Elizabeth Hospital, Gateshead	2
Royal Shrewsbury Hospital	2
Torbay Hospital	2
University Hospitals of Morecambe Bay	2
Western General Hospital, Edinburgh	2
Ysbyty Gwynedd, Bangor	2
Chase Farm Hospital	1
Derriford Hospital, Plymouth	1
Dumfries and Galloway Royal Infirmary	1
East Kent Hospitals NHS Foundation Trust	1
Forth Valley Hospital	1
Milton Keynes University Hospital	1
Northumbria Healthcare	1
Queens Hospital, Burton upon Trent	1
Royal Hampshire County Hospital	1
St Margaret's Hospital, Epping	1
Sunderland Royal Hospital	1
Whittington Hospital	1
York Hospital	1



for all your hard work and continued support for the study!

Please continue to audio-record your appointments

Carmel will be happy to provide you with individual, confidential feedback and tips.

If you have any questions about discussing the OPTIMA study or do not have an audio recorder, please contact carmel.conefrey@bristol.ac.uk.



Contact us

If you have any questions or experience any difficulties with recruitment please don't hesitate to contact us, the OPTIMA team are very willing to help.

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Qualitative Recruitment Study

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